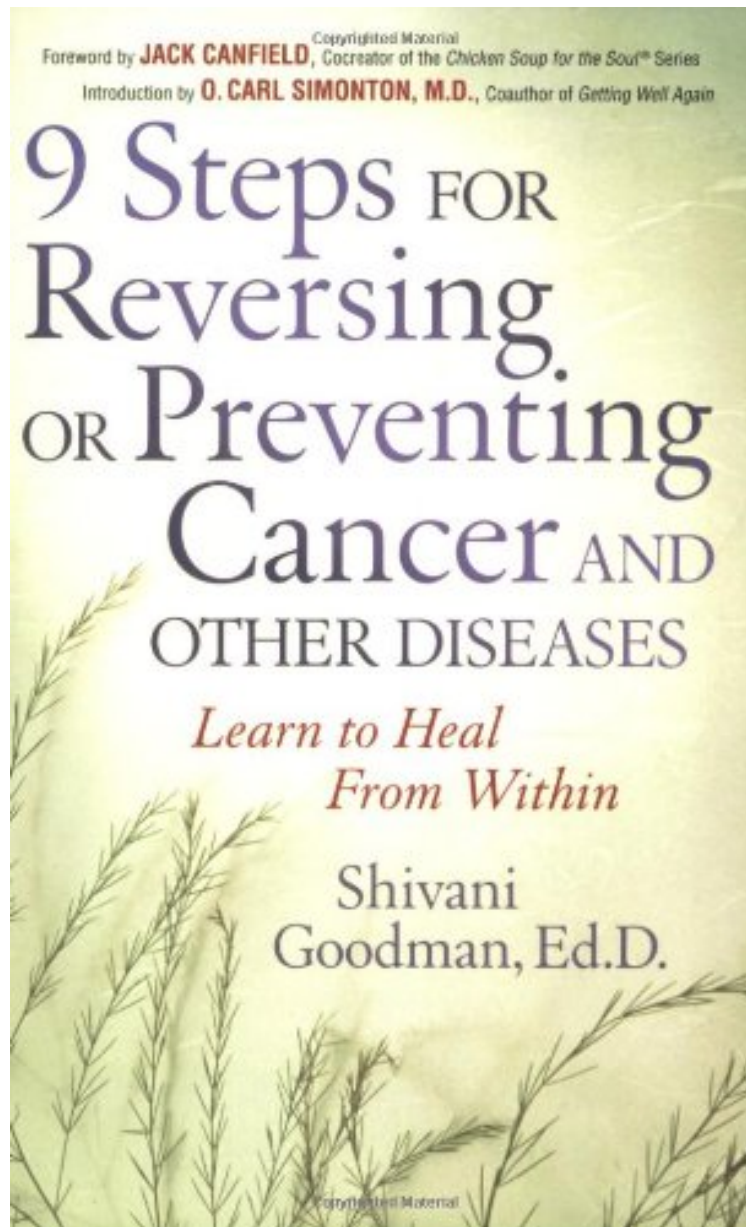


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9 Steps for Reversing or Preventing Cancer

Shavani Goodman

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Shavani Goodman : 9 Steps for Reversing or Preventing Cancer before purchasing it in order to gage whether or not it would be worth my time, and all praised 9 Steps for Reversing or Preventing Cancer:

1 of 1 people found the following review helpful. Interesting book that gives the reader ideas of how to use your spiritual strength to aid in the healing process. By Philip Henderson I met the author about three years before her death when she was putting the finishing touches on this book. She has some interesting ideas for those who have discovered that traditional medical methods have been exhausted. She was in favor of using traditional methods, but she discovered a path that worked for her after those methods failed to serve her. 1 of 1 people found the following review helpful. The Power of the Mind By NHBunion This book is chock full of meditations for self-healing, no matter what the disease or complaint. The premise of this book is the mind-body connection, that we are ultimately responsible for our own state of health. Shivani's writing style is easy to read, as if you were chatting comfortably with a good friend. I have tweaked my daily meditation sessions with suggestions found in this book. I wish sold Shivani Goodman's audio recordings to go along with this book, but this volume is a must-have for those interested in self-healing. You won't be disappointed. 0 of 0 people found the following review helpful. You deserve this book!! By Leonor It is a great book to get the confidence to heal from a profound and sustainable way. I was diagnosed 3 and a half years ago with an "aggressive" type of breast cancer at the age of 31 and with a little baby. I was needing now a refreshed program to keep my health on track and this book gave me the tools and peace of mind that I am doing everything I can to stay healthy and enjoy my toddler and a new beautiful baby, who despite the odds, was born 5 months ago. Give it a try and allow yourself to BE HEALED, YOU DESERVE IT!!!

This book is a powerful synthesis of ancient self-healing knowledge that had been buried for centuries, combined with the latest Western body/mind medicine techniques. Dr. Goodman will show you how you can enjoy radiant health and feelings of love and well-being as you learn to reverse toxic thought patterns that block you and your life. Unlock the secrets of how to cure yourself of everything from cancer to heart disease, from emotional pain to mental stress.

"...Dr. Goodman shows how you can take command of your life and heal yourself instead of a doctor..." -- Jack Canfield, Cocreator of the Chicken Soup for the Soul Series "Dr. Goodman is on a path that I personally feel is the medicine of the future." -- O. Carl Simonton, M.D., best-selling coauthor of Getting Well Again "Dr. Goodman's exercises really work-you can be healed!" -- Wayne Dyer, Ph.D., best-selling author of The Power of Intention