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A chiropractor's treasury of health secrets.

Samuel Homola

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1 of 1 people found the following review helpful. From Front Back of Cover ~By Sandi3147In these pages, Dr. Homola suggests how people of all ages may achieve a much better standards of health through drugless self-help. And he shows how this method can start the powerful healng forces of nature working immediately.In this book, a Chiropractic Doctor discusses common ailments that everyone suffers from at one time or another, and outlines self-help programs that may be carried out safely and effectively at home. "Many of the common ailments now being endured by the average person may be completely relieved or eliminated by observing the simple guidelines of this book," says Dr. Homola.

A chiropractor's treasury of health secrets. Unknown Binding - January 1, 1970 by Samuel Homola (Author)