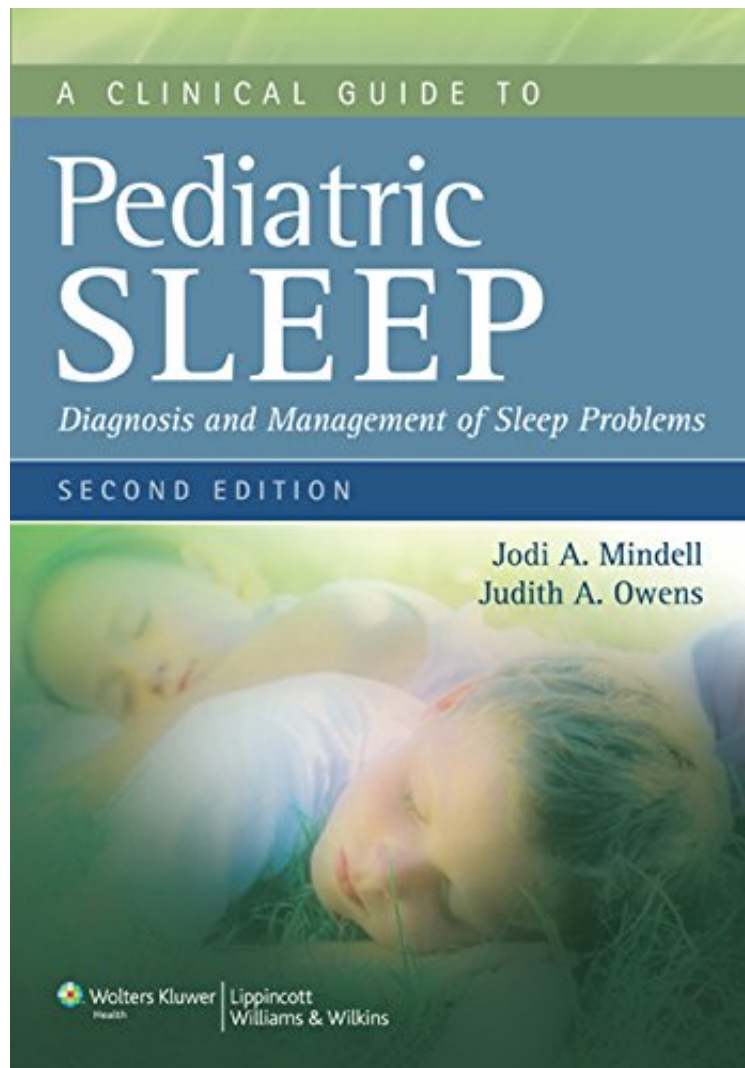


[Read and download] A Clinical Guide to Pediatric Sleep: Diagnosis and Management of Sleep Problems

## A Clinical Guide to Pediatric Sleep: Diagnosis and Management of Sleep Problems

*Jodi A. Mindell PhD, Judith A. Owens MD MPH*  
*ebooks | Download PDF | \*ePub | DOC | audiobook*



DOWNLOAD



READ ONLINE

#1145348 in Books LWW 2009-08-28Original language:EnglishPDF # 1 .30 x 7.00 x 9.90l, .85 #File Name:  
1605473898352 pages | File size: 24.Mb

**Jodi A. Mindell PhD, Judith A. Owens MD MPH : A Clinical Guide to Pediatric Sleep: Diagnosis and Management of Sleep Problems** before purchasing it in order to gage whether or not it would be worth my time, and all praised A Clinical Guide to Pediatric Sleep: Diagnosis and Management of Sleep Problems:

2 of 2 people found the following review helpful. Concise, readable, and hits all the main pointsBy M. GarrisonI work in pediatric research, and have found this book to be incredibly valuable. It does a great job explaining the science behind pediatric sleep -- sleep architecture, the neuroendocrine regulation of sleep, how neuroanatomy plays in, etc. It also goes through common childhood and adolescent sleep problems, including prevention, diagnosis, and treatment

for each. And all of the information in the book is broken down by different developmental stages -- going through the differences between infants, toddlers, preschoolers, school-aged children, and adolescents. The book manages to be clear and concise without being dumbed down, but it is still accessible enough that I can hand it to my new research assistants to read for a general overview of the field. I think the book would be especially useful for pediatric primary care providers -- both the book itself and the patient handouts and questionnaires you can access online (using the code inside the book) include some great clinical tools. As another reviewer noted below, there are some hiccups here and there in the index, where it seems to refer to non-existent pages. However, with the book you also get access to a full web-based version of the book online -- and being able to keyword search on that is far better than any index, at least for me. Especially since I loan this book out to staff and colleagues so often, it is great to also have access to the web ebook version.

1 of 1 people found the following review helpful. Not Enough Sleep By Rashi I just received the book today. The information is well organized, well presented, and very relevant. However, the book ends at page 232, which is the last page of the index. I found many index topics cited with page numbers that do not exist. One example is on page 232 in the index for "weekend oversleep" listing pages 35, 145, 236, 238. Page 231 of the index lists "snacks" on pages 46, 237-238. I just don't understand this problem, unless the numbers reflect the supplemental information on the website.

0 of 0 people found the following review helpful. I am studying for the sleep educator credential. I ... By P. Cudahy I am studying for the sleep educator credential. I work in a sleep lab that does not treat pediatric patients, so this book was a must. It's very informative and concise.

Written for busy primary care practitioners, this book is a practical clinical guide to common pediatric sleep disorders and their treatment. Information is organized by specific disorder and by the most frequent presenting complaints. Symptom-based algorithms will enable practitioners to evaluate sleep complaints in a stepwise manner. Other features include symptom checklists for specific disorders and chapters on sleep problems in special populations. Appendices provide practical tools for screening for sleep problems, evaluating sleep studies, and counseling families. This edition includes updated ICSD-2 and ICD-10 diagnostic criteria and new and revised American Academy of Sleep Medicine Standards of Practice guidelines. Other highlights include new chapters on sleep hygiene and sleep enuresis, updated and expanded chapters on all sleep disorders, and up-to-date information on sleep medications and sleep in special populations. A companion Website will offer parent handouts for each age group and each sleep disorder, as well as screening questionnaires and sleep diaries.