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## Accommodation, Nearwork and Myopia

*Editha Ong, Kenneth J. Ciuffreda*  
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**Editha Ong, Kenneth J. Ciuffreda : Accommodation, Nearwork and Myopia** before purchasing it in order to gage whether or not it would be worth my time, and all praised Accommodation, Nearwork and Myopia:

3 of 3 people found the following review helpful. UsefulBy Alan NelsonAs an optometrist I found this book a really good synopsis of the complex topic of the research into the etiology of myopia. Although it is published by the Optometric Extension Program I found the book to have a broad range of research content and surprisingly conservative in its conclusions. The "clinical predictors of myopia" listed in chapter 7 seem to agree closely with the personal clinical conclusions I have reached over 25 years of practice. The book is easy to read and I would recommend it to any clinician wanting to update on the theory of the mechanisms causing the development of myopia.

Comprehensive discussion of the research and theoretical modeling behind the long-standing question about the relationship between the accommodative/convergence systems, their primary function in nearwork, and possible etiologies of myopia. Provides a review of the various components of accommodation. This review, an update on the status of current research on the neurophysiology, including the neuro pharmacology of accommodation, is followed by a complete discussion of the various components of accommodation and the relationship to various refractive groups. Core to the book is a thorough discussion of nearwork-induced myopia, presenting a balanced discussion of

the various theoretical models of myopia.