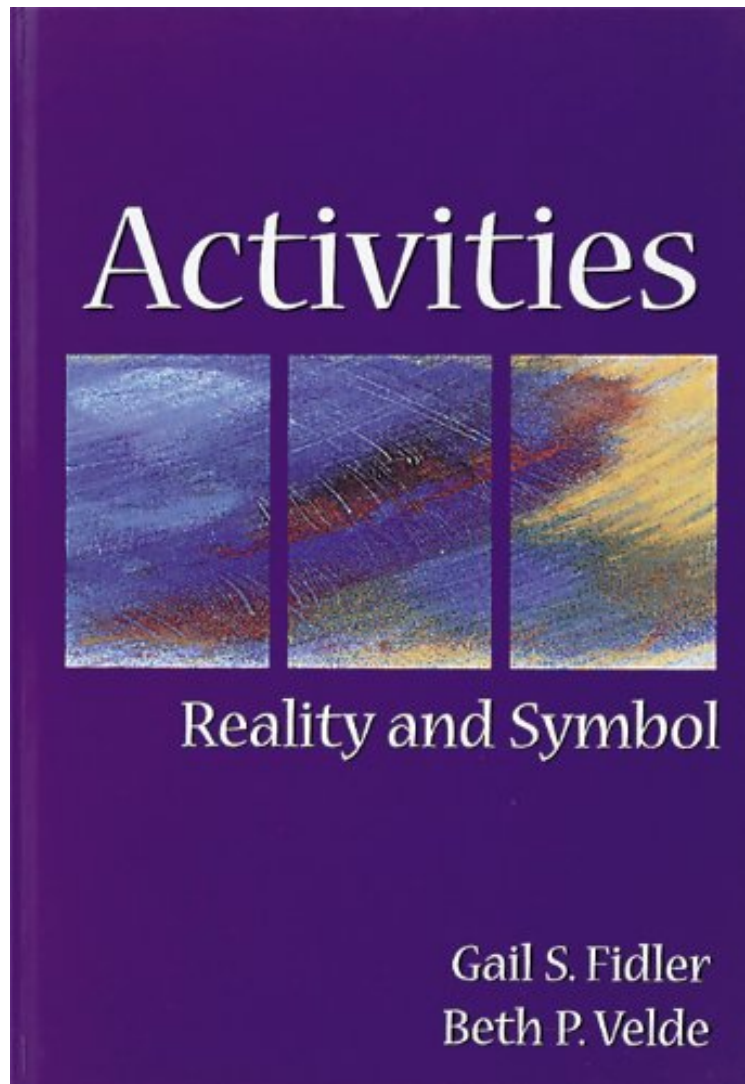


Activities, Reality Symbol

Gail Fidler OTR FAOTA, Beth Velde PhD OTR/L
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Gail Fidler OTR FAOTA, Beth Velde PhD OTR/L : Activities, Reality Symbol before purchasing it in order to gauge whether or not it would be worth my time, and all praised Activities, Reality Symbol:

0 of 0 people found the following review helpful. Used but goodBy CarissaThe book was obviously used, however, no pages were missing and it did the job for the class! Thank You!5 of 5 people found the following review helpful. Hidden Meanings in Everyday ActivitiesBy A CustomerFidler and Velde provide a fine analysis of symbolic meanings in ordinary activities such as crafts, arts, careers, sports, and outdoor activities. For example, think about the Aids Memorial Quilt; why a quilt to show the grief of this nation? While you may feel the answer, these authors clarify this innate knowing with words. I had my highlighter out a lot (I'm a therapist, not a student) and the

information in this book allows me to prescribe activity more confidently based on the patient's spiritual needs as well as physical needs. A therapeutic goldmine.

This book describes the content and process for exploring and studying the social, cultural, and personal meanings inherent in activities. Authored by Gail Fidler and Beth Velde, this text examines the potential of activities to reflect and shape social, cultural, and personal meanings; to communicate certain physical, affective, and cognitive responses. *Activities: Reality and Symbol* guides the reader to a better understanding of activities and their potential in our lives by examining the processes of investigating and discovering the dynamics of daily activities. By looking at activities as never before, this book successfully addresses activity for its own meaning, symbol and purpose. This book is organized as a sequential, experiential learning process that includes structural assignments for interviews, personal reflections and group discussion. The beginning of the text presents an overview of the philosophy and the content focus of the book. Following chapters explain the symbolic process as giving meaning to the events and activities of daily life, and include an activity laboratory for experiencing symbol and metaphor. A detailed examination of activities, and a format for analyzing activities are explained. Final chapters apply prior learning to specific activities including play, games, sport, crafts, careers, and more.

#8220This very interesting publication is highly relevant to occupational therapy practice confirming the therapeutic value of activities and encouraging us to further understand our relationship with activities.#8221 Beverly Franchuk, *Canadian Journal of Occupational Therapy*"The perspectives and meaning the authors have collected together provide a rich resource for occupational scientists and suggest promising avenues for future research." Claire Hocking, Auckland University of Technology
About the Author
Gail S. Fidler holds a bachelor of arts degree from Lebanon Valley College, Annville, PA, and received her formal education in occupational therapy at the University of Pennsylvania. Her early years as an occupational therapist were spent at military and veterans hospitals. She has worked for the American Occupational Therapy Association as coordinator of the Psychiatric Study Group and has held numerous positions with occupational therapy educational programs. Mrs. Fidler has published over 25 articles and chapters, and has authored or co-authored six books, including *Activities: Reality and Symbol*. She continues to pursue scholarly activities in occupational therapy and present her ideas through a variety of modalities. Beth P. Velde is director of graduate studies and associate professor of occupational therapy at East Carolina University, Greenville, NC. Dr. Velde earned a bachelor of science degree in zoology and a master of science degree in parks and recreation from the University of Illinois, a master of science degree in occupational therapy from College Misericordia, Dallas, PA, and a PhD in educational psychology from the University of Calgary, Alberta. Since becoming an occupational therapist, she has authored 25 scholarly papers, chapters, and books, including *Activities: Reality and Symbol* and *Community Occupational Therapy Education and Practice*. Her special interest is in community-built occupational therapy practice and research into the relationship of occupation in quality of life.