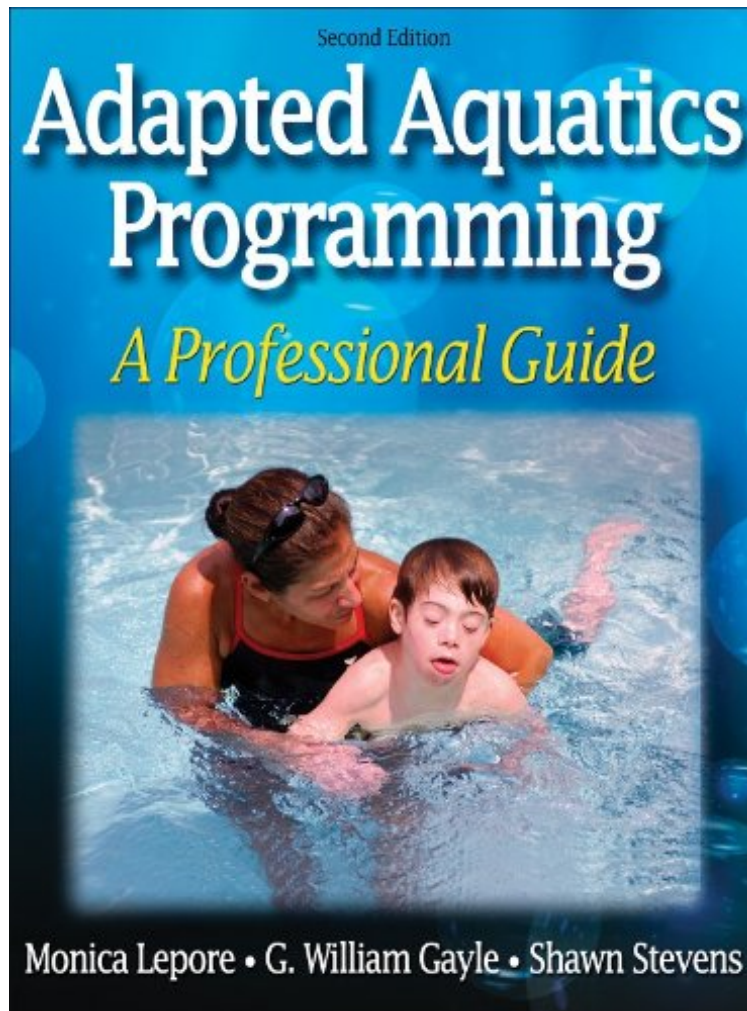


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## Adapted Aquatics Programming:A Professional Guide - 2nd Edition

*Monica Lepore, G. William Gayle, Shawn Stevens*  
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**Monica Lepore, G. William Gayle, Shawn Stevens : Adapted Aquatics Programming:A Professional Guide - 2nd Edition** before purchasing it in order to gage whether or not it would be worth my time, and all praised Adapted Aquatics Programming:A Professional Guide - 2nd Edition:

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The second edition of Adapted Aquatics Programming: A Professional Guide-clarifies rationales for adapted aquatics

programming, -broadens the scope of and enriches traditional programs for people with disabilities, -guides instructors in improving teaching methods and safety management, and -educates professionals on providing safe and effective adapted aquatics programs. The second edition of *Adapted Aquatics Programming: A Professional Guide* is packed with new material, including up-to-date information on relevant legislation, guidelines on architectural accessibility, instructional strategies, equipment, safety management, and competitive and recreational aquatics activities. This comprehensive resource is a significant addition to the aquatics literature, providing a practical learning tool for the field. The authors infuse each chapter with specific techniques as well as rationales for adapted aquatics programming. They also provide readers with best practices in adapted aquatics programming, -a description of the scope of traditional adapted programs with enrichment ideas, -guidance in improving teaching methods and safety management, and -instruction in providing safe and effective adapted aquatics programs. *Adapted Aquatics Programming, Second Edition*, contains a wealth of references, practical tips, and safety precautions. It includes a number of new features, including photographs and diagrams, life-experience scenarios that provide a reference point for the chapter ahead, and an objectives list for each chapter. It also offers ideas for using equipment and includes information about competitive and recreational aquatics activities. In part I, the authors explore foundational issues of adapted aquatics, including models of collaboration, inclusion, planning, program development, facilities, equipment, and supplies. In part II they lay out instructional strategies and detail how to build safe and effective programs. They also look at the specific needs of program participants and issues related to aquatic fitness and rehabilitation. In part III they provide information on enhancing a program conducting competitive and recreational activities. Founded on action-based research and current thinking, laws, and practices, *Adapted Aquatics Programming, Second Edition*, offers a practical approach to adapted aquatics, providing much-needed information on adapting the environment, equipment, instructional strategies, skill techniques, and teaching methods for people with disabilities. This text fills the need for a source of current best practices in adapted aquatics programming.

About the Author Monica Lepore, EdD, is a professor at West Chester University of Pennsylvania in West Chester. A master teacher of adapted aquatics, Dr. Lepore has been an American Red Cross water safety instructor for more than 25 years. She has a degree in leadership in adapted physical education and was a recipient of the International Swimming Hall of Fame Adapted Aquatics Award in 2001. In 2006 she was named AAHPERD/AAPAR Adapted Physical Education Professional of the Year, and she has been on the Top 100 Aquatics Professionals list twice. She acted as chair for AAHPERD/AAPAR adapted aquatics from 2000 to 2005 and received a Meritorious Award from the Aquatic Council of AAHPERD/AAPAR in 2005. In her leisure time, Dr. Lepore enjoys swimming, biking, and hiking. G. William Gayle, PhD, CAPE, is a professor and coordinator of adapted physical education at Wright State University in Dayton, Ohio. A master teacher of adapted aquatics, Dr. Gayle has been an American Red Cross water safety instructor for over 20 years. He holds degrees from Virginia Tech and University of Wisconsin at LaCrosse and a doctorate in adapted physical education and psychology of mental retardation and developmental disabilities from Ohio State University. In 1988 he was inducted into the Ohio Wheelchair Sports Hall of Fame. He served on the AAHPERD/AAPAR adapted aquatics committee from 2000 to 2005. In 2006 he was inducted into the National Wheelchair Basketball Association Intercollegiate Division Hall of Fame and selected as Teacher of the Year in the College of Education and Human Services at Wright State University. He has provided adapted aquatics programs for university students and surrounding school districts for several decades. In his leisure time, he enjoys golfing, swimming, and traveling internationally. Shawn F. Stevens, EdD, is executive director of Edgemoor Community Center in Wilmington, Delaware. Dr. Stevens has been an American Red Cross instructor trainer for water safety, lifeguarding, first aid, CPR, and AED for 25 years, and he was an adapted aquatics instructor trainer for 18 years. Overall, he has provided leadership in conducting aquatics programs for 30 years, and he assisted with the development of the ADA Accommodation Resource Guide for the American Red Cross. In his spare time, he serves as a volunteer instructor trainer and leadership volunteer for the American Red Cross, and he also enjoys golfing and swimming.