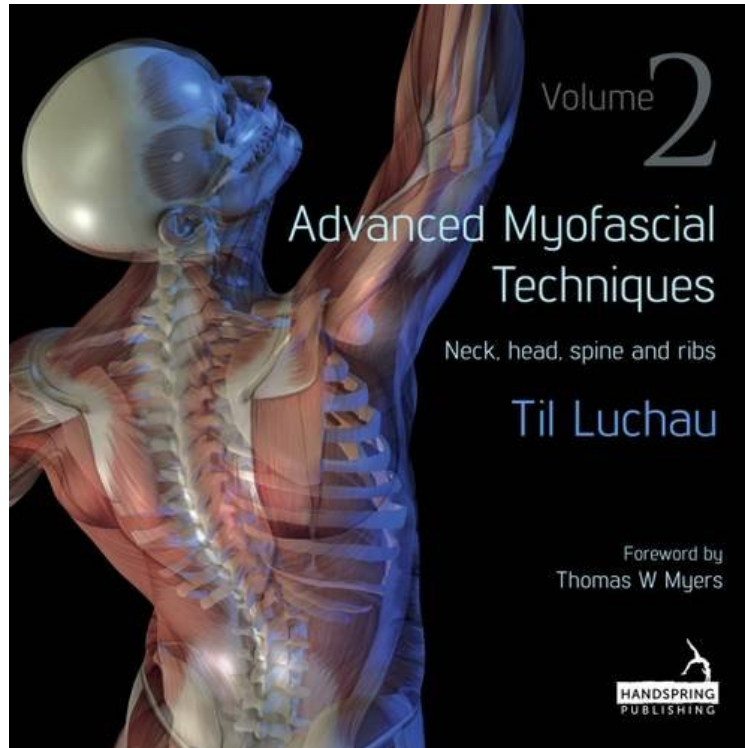


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Volume 2 of Til Luchau's beautifully presented and content-rich guides to advanced myofascial techniques covers the neck, head, spine and ribs. It is generously illustrated in full colour to illuminate and clarify the text and practical considerations and provides a valuable collection of approaches to restoring function, refining proprioception and reducing pain.

About the AuthorThe son of a mathematician and an artist, Til Luchau delights in combining the technical and the beautiful in his manual therapy articles, which have appeared in magazines and professional journals around the world. A Certified Advanced Rolfer(R) and former Faculty Coordinator of the Rolf Institute's Foundations of Rolfing Structural Integration program, where in the early 1990's he originated Skillful Touch Bodywork (the Rolf Institute's own training and practice modality), his company (Advanced-Trainings.com) offers in-person and at-a-distance professional continuing education. Originally trained as a psychotherapist, Til's ability to connect interdisciplinary, big-picture ideas to practical, real-world applications has made his trainings popular worldwide.