

Evidence-Based Practice for Occupational Therapists

M. Clare Taylor

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EVIDENCE-BASED
PRACTICE FOR
OCCUPATIONAL
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SECOND EDITION



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Evidence-based practice (EBP) is one of the driving forces in current healthcare practice. Occupational therapists recognise the need for research and for an evidence-based approach to interventions, but can need guidance on how to do this. This book aims to make evidence-based practice accessible and relevant to occupational therapists using examples from therapy practice. It will provide them with the skills to search for and access the required evidence to underpin or question practice. Publication of the first edition of this book in 2000 signaled the receptiveness of the occupational therapy community toward evidence-based practice. This second edition, as well as providing practical information on EBP, also addresses how it has evolved within the culture of occupational therapy. The author considers the definition of evidence-based occupational therapy, the impact of research governance, and social care influences on suitable evidence. Implementation issues are covered in more depth, including change management and practice guidelines. Three new chapters have been added on evidence from other sources; carrying out a review of the evidence and developing and using guidelines for practice.

"This is a welcome and successful update of a text covering a topic that is extremely relevant to occupational therapists working in all fields." (International Journal of Therapy and Rehabilitation, July 2008) From reviews of the first edition: This is an excellent resource for people seeking an introduction to evidence-based practice (EBP). A major strength of the book is that Taylor uses frequent examples to illustrate the information provided. Another strength of the book is the insight Taylor provides into a range of relevant EBP resources. I would highly recommend this book as an introductory practical text providing an excellent launching pad for those wishing to explore and use EBP principles. (Australian Occupational Therapy Journal) "I would just like to commend you on your excellent book . . . I have spoken to many of my fellow students who agree [that it has been] written in such an easy to understand format [that] we consider this to be one of our bibles! There should be no excuse for not passing the research module!" (Claire Humphreys, Second Year Undergraduate Student, University of Coventry, UK) From the Back Cover Evidence-based practice (EBP) is one of the driving forces in current healthcare practice. Occupational therapists recognise the need for research and for an evidence-based approach to interventions, but can need guidance on how to do this. This book aims to make evidence-based practice accessible and relevant to occupational therapists using examples from therapy practice. It will provide them with the skills to search for and access the required evidence to underpin or question practice. Publication of the first edition of this book in 2000 signaled the receptiveness of the occupational therapy community toward evidence-based practice. This second edition, as well as providing practical information on EBP, also addresses how it has evolved within the culture of occupational therapy. The author considers the definition of evidence-based occupational therapy, the impact of research governance, and social care influences on suitable evidence. Implementation issues are covered in more depth, including change management and practice guidelines. Three new chapters have been added on evidence from other sources; carrying out a review of the evidence and developing and using guidelines for practice. About the Author M. Clare Taylor is Principal Lecturer for the Occupational Therapy Subject Group at Coventry University, UK.