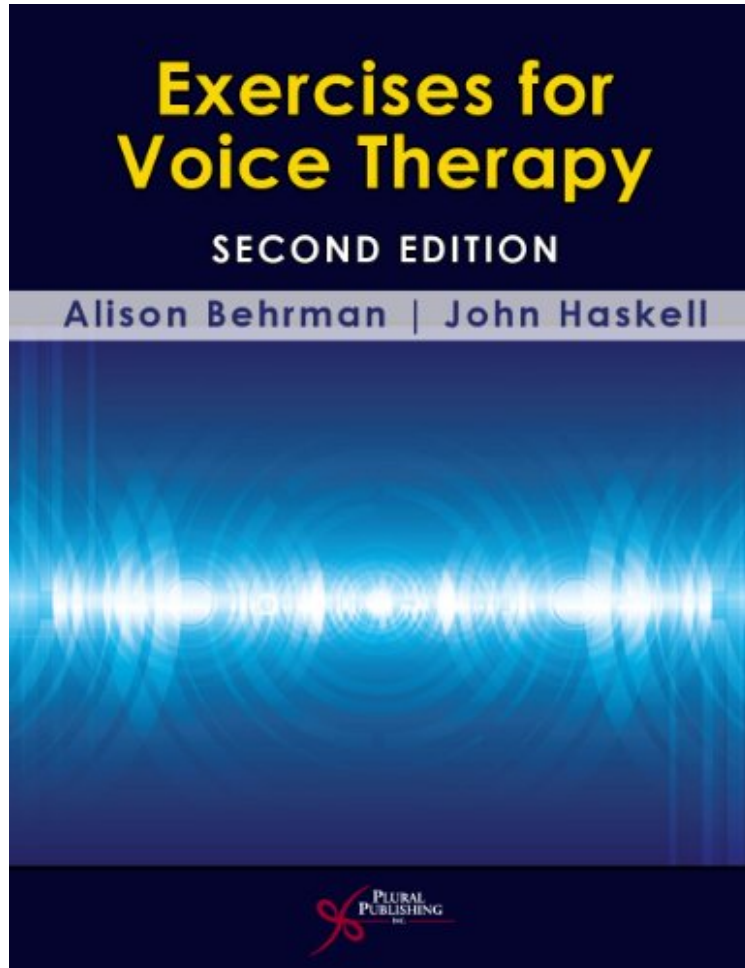


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## Exercises for Voice Therapy

*Alison Behrman, John Haskell*  
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**Alison Behrman, John Haskell : Exercises for Voice Therapy** before purchasing it in order to gage whether or not it would be worth my time, and all praised Exercises for Voice Therapy:

0 of 0 people found the following review helpful. Five StarsBy Allison SalehI'm a singing teacher and have benefited already from using the resources in this book!2 of 2 people found the following review helpful. lengthy narrative with poorBy LeslieNot very helpful, lengthy narrative with poor directions0 of 0 people found the following review helpful. Great book for voice exercises.By AnnieGreat, compilation of the best voice exercises. Some I will use, some I won't, but an excellent resource! I've used it several times in voice therapy with patients. CD with examples is a big bonus, but does not include all exercises.

This popular resource, now in its second edition, fills a large gap in the clinical literature. The book now includes more than 70 therapeutic exercises by some of the worlds leading voice therapistsincluding 25 new exercisesproviding a

greater assortment of exercises targeting a larger variety of voice disorders. These exercises, which vary in difficulty, are aimed at helping therapists develop treatment plans and session materials for clients with a wide array of voice disorders. All of the exercises follow the same format for easy integration into your therapy sessions: title, purpose, origin, overview, and then a detailed step-by-step explanation of the exercise, many of which are complemented by an audio demonstration on an accompanying audio CD.

*Exercises for Voice Therapy* aims to expand our offering of treatment options by providing practical exercises to inspire Speech and Language Therapists (SLTs) working with a wide range of voice patients (clients) - encouraging creativity through evidence-based practice. Content includes material suitable for novice to highly experienced voice practitioners and is useful in assisting the development of treatment plans and session materials. In this second edition, fresh perspective has been brought to the therapeutic process with the inclusion of 24 new exercises. ... An accompanying CD is included to provide an aural model for those exercises that may be difficult to interpret from the written text alone. ... Content includes material suitable for treatment of a wide variety of voice disorders such as muscle tension dysphonia, nodules and vocal fold palsy, through to working with paediatric voices, transgender clients, aphonics, clients with vocal tremor, puberphonia and those with paradoxical vocal fold dysfunction. *Exercises for Voice Therapy* offers genuine insight into the range of methods currently used in voice therapy from a variety of viewpoints. ... to be used most effectively in clinical practice, SLTs seeking to apply its techniques will have good theoretical and a basic practical knowledge of the application of therapy techniques already currently in use to treat specific voice disorders. Non-SLT voice practitioners (singing teachers/voice tutors) may also find much of this resource useful as an insight into up-to-date, effective methods of working with the voice to achieve specific outcomes for the non-disordered voice. It includes exercises which focus upon improving parameters of voice production such as volume, pitch range and resonance, plus it offers original ideas for the delivery of topics such as maintenance of the voice, speaking to larger audiences and developing vocal expression. Due to client individuality, we all know the more tools SLTs have in their toolkit to deliver effective therapy, the increased potential for positive therapy outcomes. This publication encourages sharing of effective practice to improve the discipline overall, so we may all become better voice practitioners. --Janet Munro, *Communicating Voice*, The British Voice Association, (2014)... A varied and interdisciplinary cross-section, which... appropriately represents an eclectic approach to the artistic science of voice therapy.... Well conceived and the editors' comments are on the mark. [refers to the First Edition.] --Glen Nowell, MSc, S-LP (C), CASLPO, *Canadian Journal of Speech-Language Pathology and Audiology*, (2009) About the Author Alison Behrman, Ph.D., CCC-SLP, is Assistant Professor in Speech Communication Studies at Iona College, where she teaches courses in presentation skills, speech science, anatomy, and clinically focused topics in communication disorders. She received her M.A. in Speech-Language Pathology from New York University, and her PhD in speech physiology from Columbia University. She was Principal Investigator of an NIH grant exploring outcomes of voice therapy for patients with benign vocal fold lesions, and has ongoing research projects in voice disorders and accent management, with publications in peer-reviewed speech pathology, linguistics, and otolaryngology journals. Dr. Behrman maintains a private practice in corporate presentation skills, voice therapy, and accent modification. John Haskell, Ed.D. has maintained a private practice in speech-language pathology in New York City for over thirty years. He has specialized in the treatment of voice disorders and stuttering, and is a Board Recognized Specialist in Fluency Disorders. He has published a number of articles on voice therapy, and has been a frequent presenter at the Annual Symposia on the Care of the Professional Voice and other conferences. Dr. Haskell has held faculty positions at Pace University, Rutgers University, and William Paterson College of New Jersey and is co-founder and co-director of the New York City Voice Study Group.