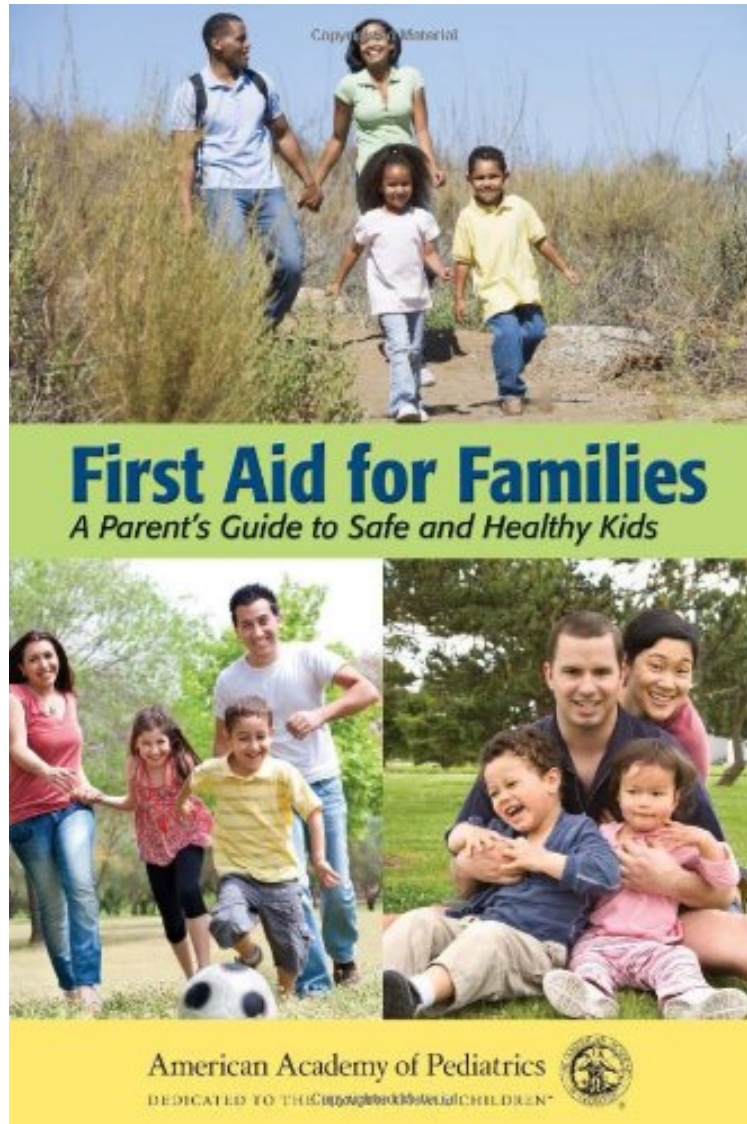


(Download) First Aid For Families: A Parents Guide to Safe and Healthy Kids

## First Aid For Families: A Parents Guide to Safe and Healthy Kids

*American Academy of Pediatrics (AAP)*  
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**American Academy of Pediatrics (AAP) : First Aid For Families: A Parents Guide to Safe and Healthy Kids** before purchasing it in order to gage whether or not it would be worth my time, and all praised First Aid For Families: A Parents Guide to Safe and Healthy Kids:

1 of 1 people found the following review helpful. most useful 1st aid book I've seenBy ALDAs an early childhood educator I've examined many first aid books over the years. This is the best I've seen. Clear, concise text with explicit instructions. Pictures for everything. Pictures and/or text explain the simplest things that are often never addressed -

like how to flush an eye. I've been obsessed with how important it is to know how to get sand out of children's eyes after finding a college student working with a preschool child try to do it with a dry paper towel.... I highly recommend this book. I'm going to order several more copies for friends and parents of the children I work with. 1 of 1 people found the following review helpful. Every Family Needs This Book By Katie I thought this book would be overwhelming, but it's not. It is well organized, gets directly to the point, and the layout includes photographs and well chosen fonts. I used it today to double check on the seriousness of baby's cough. It includes everything you need to know to judge when it's time to call the doctor, and what you can do to help treat at home. This book covers everything from what to do if your child swallows household cleansers, to spinal injuries, to identifying what kind of cough your baby has. Every family with kids needs this book!

Essential first aid information for every parent or caregiver from the American Academy of Pediatrics, the international authority on child health and well-being. The ability to provide basic care for an injured or ill child is a fundamental skill set that every parent or guardian should have. In most cases, situations that require first aid are not life threatening and can be managed with simple, commonsense procedures; the key for parents and other family members is have access to this information when they need it. Developed by experts at the American Academy of Pediatrics, *First Aid for Families: A Parents Guide to Safe and Healthy Kids* provides immediate access to vital first aid information on a range of common childhood illnesses and emergencies. This essential home resource gives parents the confidence they need to provide timely and appropriate care. With this guide, parents will learn to treat: Head, eye, oral, bone, joint, and muscle injuries Infection, bleeding, and swelling Breathing problems and loss of consciousness Burns and heat- and cold-related injuries Bites and stings, allergic reactions, and poisoning The Appendix offers a quick reference to common childhood ailments, such as fever and sore throat, and recommendations for when it is safe to allow children back to school or day care. *First Aid for Families: A Parents Guide to Safe and Healthy Kids* also includes information on choking and CPR, how to pack a first aid kit, and injury prevention.

About the Author The American Academy of Pediatrics (AAP) has approximately 55,000 members in the United States, Canada, and Latin America. Members include pediatricians, pediatric medical subspecialists, and pediatric surgical specialists. The mission of the AAP is to attain optimal physical, mental, and social health and well being for all infants, children, adolescents, and young adults.