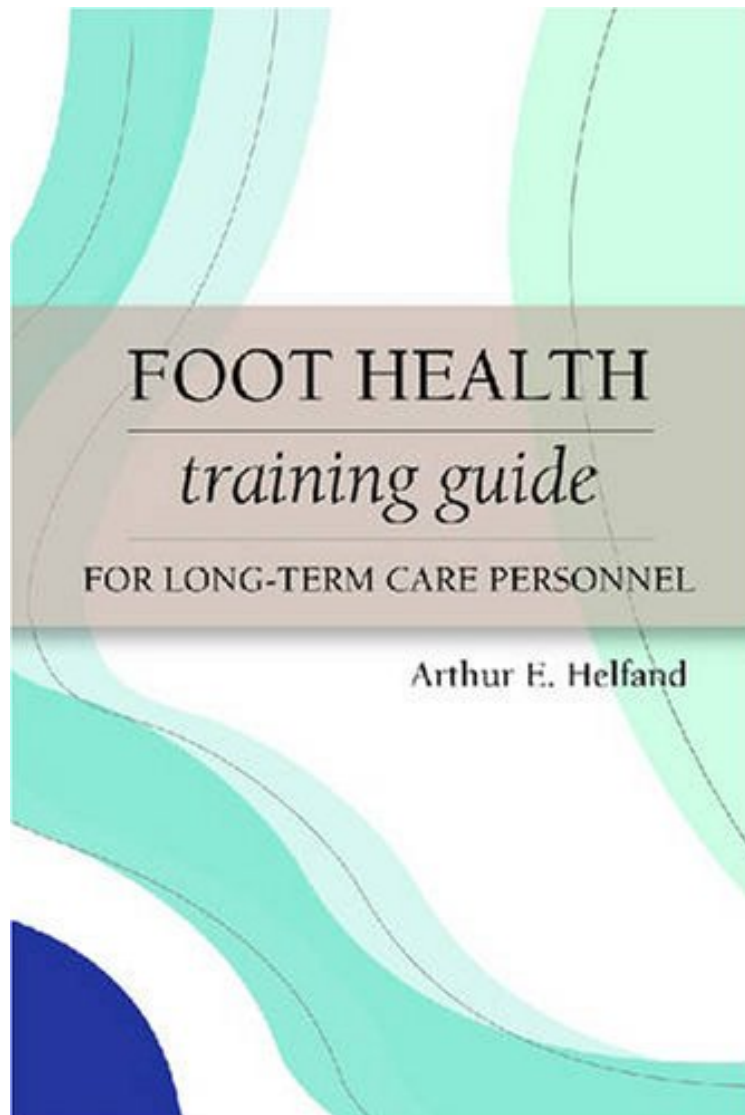


Foot Health Training Guide for Long-Term Care Personnel

Arthur Helfand D.P.M.
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Arthur Helfand D.P.M. : Foot Health Training Guide for Long-Term Care Personnel before purchasing it in order to gauge whether or not it would be worth my time, and all praised Foot Health Training Guide for Long-Term Care Personnel:

With practical information presented in easy-to-understand language, this training guide will improve the quality of foot care provided to older adults in long-term care settings. Frequently left undiagnosed and untreated, foot problems

can result in pain, limited mobility, increased risk for falling, reduced levels of activity, and lower overall quality of life for residents. Direct care staff can play a key role in improving this area of resident care. Here, they will learn to understand common foot problems, practice preventive foot care, and recognize conditions that require further treatment. Detailed information is provided on these important topics: the structure and common problems of the foot; medical conditions that contribute to poor foot health (e.g., diabetes, peripheral vascular disease, and neurological deficits); proper assessment and examination of older adults' feet; common nail and skin problems; muscular and skeletal conditions of the foot; preventive measures to avoid frequent complications, including pressure ulcers, falls, and amputation; and, use of geriatric footwear. An educational booklet on foot care is provided for the use of long-term care residents and their families. Also included are a complete glossary of terms and a list of diagnostic codes and Medicare qualifications for common foot problems. Appropriate for nursing homes, assisted living facilities, home health agencies, and other programs that care for older adults, this resource is useful as a teaching guide for in-service staff education or as a self-teaching tool.

"a unique addition to the literature on foot health care for the geriatric population and public health. Foot Health Training Guide for Long-Term Care Personnel is a useful training and educational tool for nonpodiatric long-term care providers and should not be overlooked." (Journal of the American Podiatric Medical Association 2001-01-01) -- (Journal of the American Podiatric Medical Association 2001-01-01)"[The book] should become a standard text in the nursing office of any long-term care facility." (Martin C. Yorath, Rosalind Franklin University of Medicine and Science Doody's Service 2001-01-01) --(Martin C. Yorath, Rosalind Franklin University of Medicine and Science Doody's Service 2001-01-01)"The Foot Health Training Guide for Long-Term Care Personnel is a gem, providing much needed information that is often difficult to access this book will be the benchmark and standard for nurses and clinicians who consider the health and well-being of the whole person residing in a nursing home." (Neville E. Strumpf, Ph.D., R.N., F.A.A.N, Director of the Center for Gerontological Nursing Science University of Pennsylvania School of Nursing 2001-01-01) --(Neville E. Strumpf, Ph.D., R.N., F.A.A.N, Director of the Center for Gerontological Nursing Science University of Pennsylvania School of Nursing 2001-01-01)About the AuthorArthur E. Helfand, D.P.M., graduated from Temple University with a Doctor of Podiatric Medicine in 1957 and completed his residency training at St. Lukes Childrens Medical Center in Philadelphia. Currently Professor Emeritus at Temple Universitys School of Podiatric Medicine, Dr. Helfand is also Adjunct Professor of Medicine at Temple University School of Medicine, a member of the Honorary Staff at Temple University Hospital and Thomas Jefferson University Hospital, a consultant to Temple Universitys Institute on Aging, and the retired Professor and Chair of the Department of Community Health, Aging, and Health Policy at Temple University, School of Podiatric Medicine. Dr. Helfand practiced clinically for 45 years in Philadelphia. Dr. Helfand is currently a member of the Task Force on Aging of the American Public Health Association, a member of the Board of Directors of the Philadelphia Corporation for Aging, and a member of the Stakeholders Group on Diabetes for the Pennsylvania Department of Health. He has authored or co-authored over 337 papers, teaching programs, and book chapters, and has edited 6 texts dealing with podogeriatrics, rehabilitation of the foot and podiatric public health.