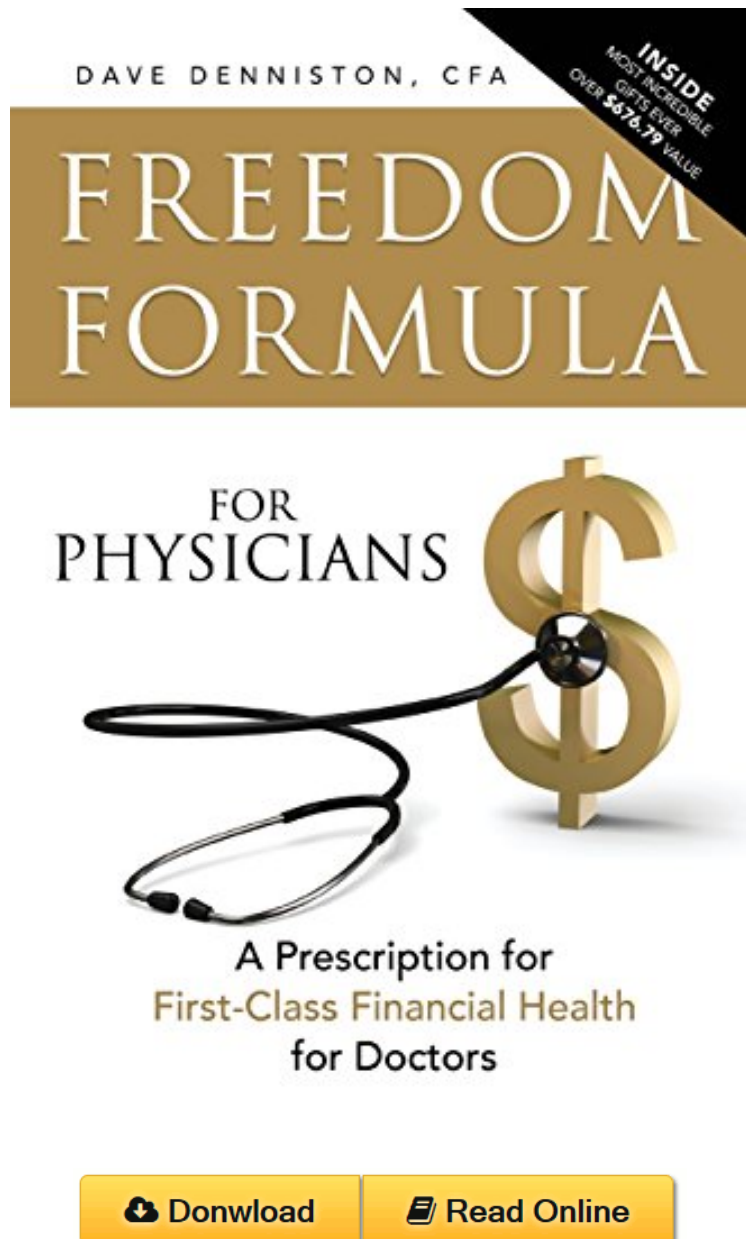


Freedom Formula For Physicians: A Prescription for First-Class Financial Health for Doctors

Dave Denniston CFA

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Dave Denniston CFA : Freedom Formula For Physicians: A Prescription for First-Class Financial Health for Doctors before purchasing it in order to gage whether or not it would be worth my time, and all praised Freedom Formula For Physicians: A Prescription for First-Class Financial Health for Doctors:

0 of 1 people found the following review helpful. Freedom Formula for Physicians is a great financial resource for physicians young and oldBy SarahFreedom Formula for Physicians is a great financial resource for physicians young

and old. It's never too late to improve your financial planning. I wish I would have had Dave as a resource back in medical school. We get plenty of in depth training on the science of medicine, but very limited advice on how to make wise decisions financially. Physicians rarely get advice outside of the big insurance/investment firms who often don't always have the best intentions - Dave does this in a very unbiased, descriptive manner. Buy the book, don't wait!

2 of 2 people found the following review helpful. Financial literacy for physicians is a welcome education
By Customer
[In the interest of full disclosure, I too received a complimentary advanced draft copy to read]
Unless you have some big fancy economics or MBA degrees behind your name, I believe even those of you physicians or readers who consider yourselves financially literate will benefit from the primer's many insights. Enlivened with personal stories and anecdotes, the book's journey starts by challenging the reader to know where you are, and know where you want to go, by reflecting upon and developing a 10-, then a 3- and finally a 1-year vision, both for life and for business. The next challenge Denniston insists we consider is implementation! How to achieve the vision ... This is where disciplined planning become critical. Just as having the right mindset is essential. The author addresses both of those in some detail. Subsequent chapters focus on helping the reader become educated and financially literate. There are chapters about debt (how to get out of it, or at least get it under control), understanding and minimizing taxes and capital gains, and developing investing strategies. And since this book was published in February 2015, the content appears to be updated and timely. Instead of pontificating and engaging in political rants, Denniston calmly discusses the implications of updated laws and regulations and how we in the medical community should adapt our financial strategies and tactics. The book offers tools, tables, examples, detailed chapter summaries (for those who like to cut to the chase - although you'd be gnawing on bone instead of enjoying something meatier!) and lists of online and offline resources. The final chapters point out 7 mistakes that physicians are prone to making (based I imagine on the author's experience working with physicians) and 8 actions readers can take to gain greater financial freedom. For those of you who can set aside 30 minutes a day to devote to a chapter at a time and work the exercises, and who are committed to gaining control over your financial destiny, this book, especially being tailored to the peculiarities of what we need to own is "our physician lifestyle", is a worthwhile investment.

1 of 1 people found the following review helpful. the book does a good job introducing the vast array of topics in personal ...
By Eingun James Song
As a disclaimer, David was kind enough to give me a complimentary book to review. Overall, the book does a good job introducing the vast array of topics in personal finance to the beginning physician investor in just a few hundred pages. There are a few topics that I wish he could have fleshed out some more but I do realize that there is only a limited amount of space to work with. He does provide some great follow-up resources for people who want to delve more into a certain topic. The only chapter that I did take some issue with was parts of chapter 4 (Investing 201: The Advanced Course on Investments). Being a die-hard Boglehead, my views on investing is obviously going to clash with any form of active investing. He does provide some examples of why he believes tactical allocation and technical analysis can beat the market but again, I don't necessarily agree. But overall, I think David is providing a great service to the physician community with this book and I would have no reservations about recommending it to a fellow colleague.

When doctors saved his daughters life when she was born nearly four months premature, Dave Denniston, CFA, instantly knew what his mission in life would be fatherhood and helping doctors. He has spent every day since using his financial expertise to help physicians to realize their financial dreams. Inside, you will learn his proven system, the Freedom Formula for Physicians, which provides a five-step strategy for sound financial planning specifically tailored to the financial challenges of being a doctor. Keep MORE of your hard-earned money while paying off school loans FASTER Learn the hidden tax savings and strategies that could save you THOUSANDS of dollars Reduce your taxable income in five ways WITHOUT taking a pay-cut Learn the 10-minute test that you could apply EVERY YEAR to protect your portfolio from shocking losses ensure you don't have to start over again Protect your family without paying thousands of dollars to an attorney using these three FREE tips Retire comfortably and STAY RETIRED Freedom Formula for Physicians is your guide to discovering where you are financially, aligning your priorities, and moving straight ahead to a longer, financially stress-free retirement. For regular video updates and newsletters on a variety of financial subjects, go to www.daviddenniston.com/physicians or contact him at dave@daviddenniston.com

About the Author Dave Denniston, CFA, is a financial advisor and author specializing in curing financial concerns for physicians in every stage of their careers. As lead analyst and chief investment officer for The Capital Advisory Group Advisory Services, LLC, he has dedicated over a decade to improving doctors financial situations by eliminating their debts and reducing their tremendous tax burden. Dave has been interviewed by CNN, Kiplingers, BusinessWeek, and Physician Financial Success Podcast. He also contributed articles to Physicians Money Digest, Physicians Practice, Minnesota Medicine, Young Ophthalmologists, and AAOS. He has been featured in speaking events with the Minnesota Medical Association at the University of Minnesota and the Mayo Clinic. This is Dave's fourth book. He resides in Bloomington, MN with his wife, Cyrena, and his two children, Gabby and Evangeline.