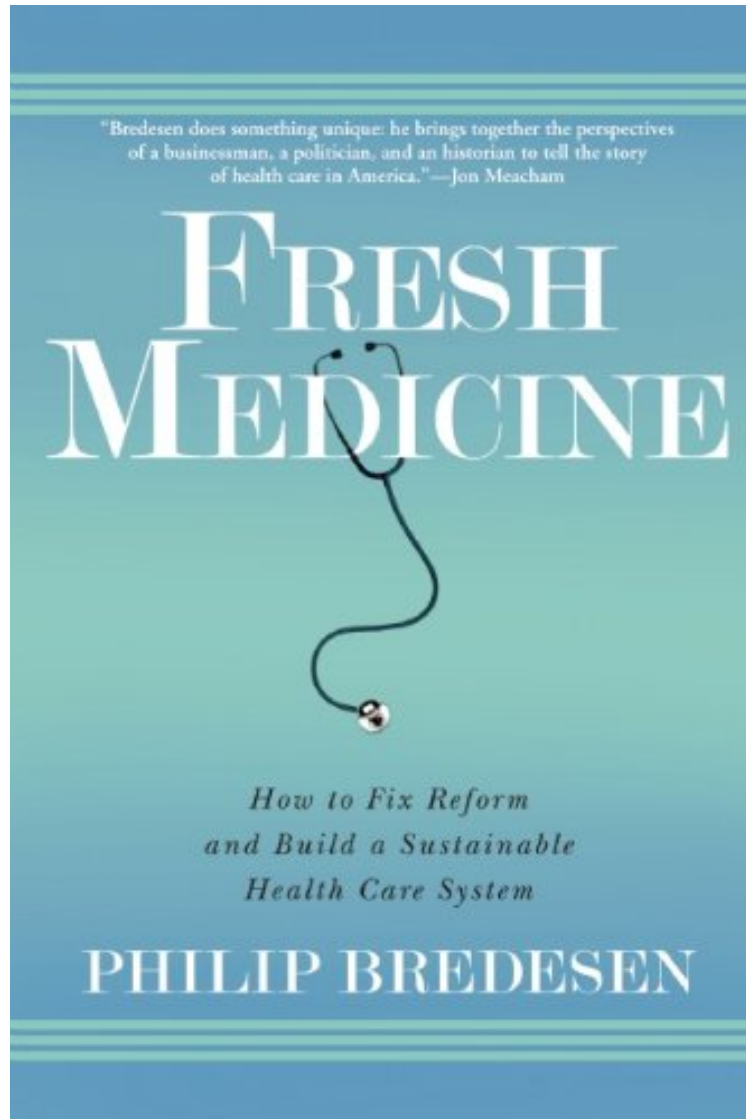


(Read download) Fresh Medicine: How to Fix Reform and Build a Sustainable Health Care System

# Fresh Medicine: How to Fix Reform and Build a Sustainable Health Care System

*Phil Bredeesen*

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**Phil Bredeesen : Fresh Medicine: How to Fix Reform and Build a Sustainable Health Care System** before purchasing it in order to gage whether or not it would be worth my time, and all praised Fresh Medicine: How to Fix Reform and Build a Sustainable Health Care System:

14 of 14 people found the following review helpful. Fresh Medicine By Howard Adams Tennessee Governor Phil Bredeesen carefully explains why our present system of health care, including "Obamacare", cannot be sustained, and

he offers his well thought out ideas regarding a complete overhaul. Since his career has been heavily involved with the current health care system, he brings first-hand expert knowledge to the issue. As a layman, I cannot vouch for the accuracy of his assumptions, predictions, etc., but his ideas appear to be sound. The main thrust of his ideas is an almost completely new health care delivery system for every American, funded largely by employee/employer payroll taxes fed into a trust fund (similar to Social Security) and then distributed by the user via a voucher to a private "system of care", such as a major hospital with satellite clinics. These systems of care would be paid the fixed voucher amount (vouchers would vary in amount based on age, gender, location) and then be totally responsible for that user's care for the year. Users are free to choose their system of care from among competing private entities. Quality of care would be insured by the establishment of an independent (non-government) standards of care organization, which would establish standards, publish a "Red Book" of the standards, and then grade competing systems of care based on adherence to approved standard practices, while leaving plenty of latitude for individual physicians to deviate if justified. The system, as presented, has the advantages of simplicity, much less government involvement, full access by everyone without discrimination, and, most important, cost containment introduced solely by increased competition. This book is well worth reading as it presents the basis for a way forward out of the current health care mess we are in. 0 of 0 people found the following review helpful. still relevant to current healthcare debate By D Windley This book was written a couple of years ago, after ACA was passed, but before major implementation. Phil's suggestions still sound very insightful, maybe more so with the botched implementation of the flawed ACA law. His future state is, perhaps, too idyllic with its challenges and pains washed over by the eventual success. We are seeing now that the implementation pains can threaten an entire program. 0 of 0 people found the following review helpful. Practical Solutions to fix health care By Manoj Phil offers many practical solutions for fixing health care. The systems of care can truly innovate health delivery. It is not very clear how proposed measures will address the deficiencies of managed care era.

Last spring, after congress passed sweeping legislation to reform our nation's health care system, the editorial board of the New York Times wrote: Just as Social Security grew from a modest start in 1935 to become a bedrock of the nation's retirement system, this is a start on health care reform, not the end . . . The process has finally begun. One of the key voices in that process will be Philip Bredesen, who served as governor of Tennessee from 2003-2011. In Fresh Medicine the first book to address this reform Bredesen delivers a concise, intelligent analysis of what the reform is, how it is flawed and why we have to fix it.

From Publishers Weekly Beginning with the words "Health care in America is broken," and the claim that its underlying structure (insurance; uncoordinated providers) is obsolete, Tennessee governor Bredesen lays out a "new set of principles" to guide reform. While he supported President Obama's health care reform package, he now calls it "a stunning disappointment" and flags an inadequate funding mechanism and the act's failure to establish fiscal and quality control, which will lead to sky-rocketing costs. He proposes many improvement measures, including six well-considered "stepping stones," like the establishment of a trust account modeled on Social Security and financed by new taxes, and an independent audit of healthcare organizations, and would replace the recently-challenged mandate with a national voucher system. Prior to public service Bredesen founded and ran a managed-care company and, as governor, has been faced with overseeing TennCare, the State's controversial experimental program which, he writes, is an example of how a well-intentioned medical reform can spin "wildly out of control." Bredesen's belief in the value of direct experience led him to undertake this endeavor and he crystallizes that experience into a concise yet comprehensive effort. (c) Copyright PWxyz, LLC. All rights reserved. In this important new look at a topic of urgent concern to the country, Phil Bredesen does something unique: he brings together the perspectives of a businessman, a politician, and an historian to tell the story of health care in America. Told with skill and grace, Fresh Medicine explains how we got where we are, and what we have to do going forward. Bredesen has given all of us a great gift. Jon Meacham, author of American Lion: Andrew Jackson in the White House Phil Bredesen knows the American health care system inside and out. He knows both the theory and, more importantly, how things really work. His perspective is unique and wise; if you're interested in health reform, you'd do well to read and consider what he has to say. Bill Frist, M.D., former Senate majority leader Fresh Medicine is at once an indictment of the current state of our health care system and a pointed plan for a new model. The Nashville City Paper Few public officials in America are as experienced in health care issues as Tennessee's governor, Phil Bredesen. He knows the subject from the standpoint of a health care management executive in the private sector and as the governor who rescued his state's Medicaid program (and his state) from impending bankruptcy. He has distinctive views on how America's broken health care system should be reformed. And he can express his ideas well. Mort Kondracke, Executive Editor and Columnist, Roll Call When it comes to health care, there is no one the nation's governors have relied on more than Phil Bredesen. He knows what he is talking about, and we respect his insights and the way in which he practices what he preaches. Gov. Joe Manchin (D-WV) Governor Bredesen's unique combination of successful experiences in both the public and private sectors gives him an important voice in our

national health care debate. His stewardship of TennCare and the innovation he has brought to expanding access to underserved Tennesseans show that he is a leader whose proposals deserve careful consideration.” Scott Serota, President and Chief Executive Officer of The Blue Cross and Blue Shield AssociationThought provoking.”  
Memphis Medical News