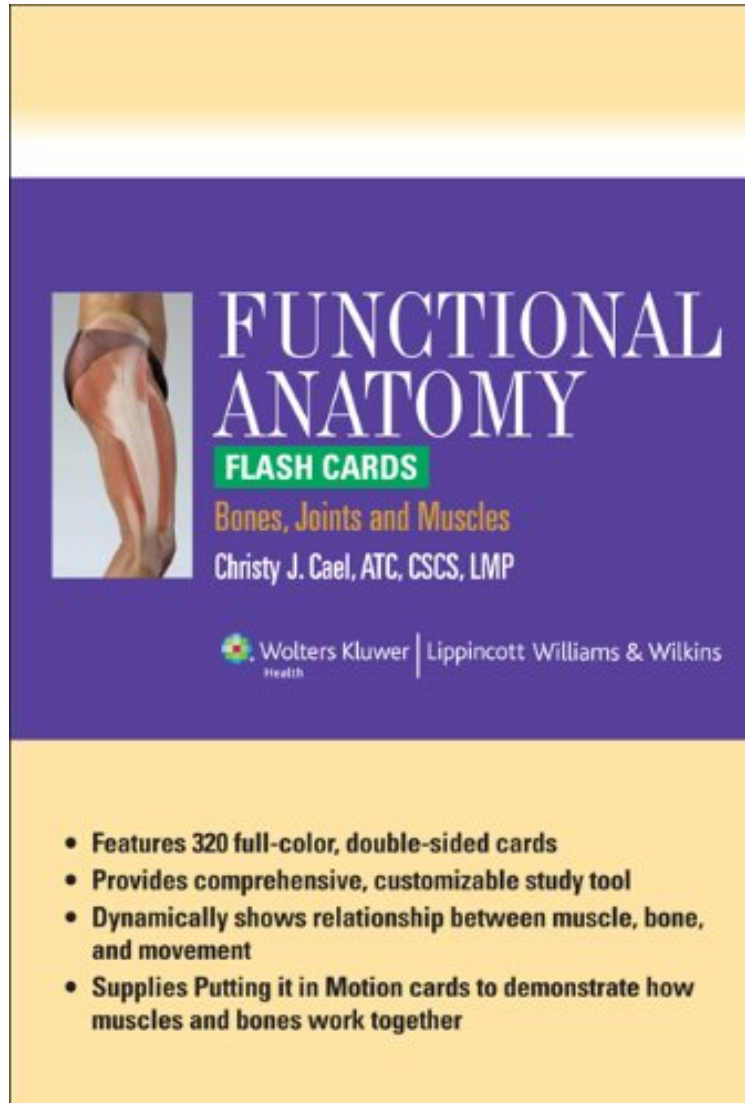


(Download) Functional Anatomy Flash Cards: Bones, Joints and Muscles

## Functional Anatomy Flash Cards: Bones, Joints and Muscles

Christy J. Cael ATC CSCS LMP

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#2111037 in Books 2010-07-28 Original language: English PDF # 1 3.60 x 4.30 x 6.20l, 2.75 Binding: Cards 640 pages | File size: 47.Mb

**Christy J. Cael ATC CSCS LMP : Functional Anatomy Flash Cards: Bones, Joints and Muscles** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Functional Anatomy Flash Cards: Bones, Joints and Muscles:

2 of 2 people found the following review helpful. E-book difficult to view on Samsung Tablet By Karina Blow Although the content of these cards are good, it's difficult to read on a Samsung tablet. The description and diagrams don't match up on the same page. The heading for following page is at the bottom of the page before which makes it confusing. I wish I had bought the paper version.

Functional Anatomy Flash Cards: Bones, Joints and Muscles will help manual therapy students study and review the structures and movement of the skeletal system. This set of 320 full-color cards covers skeletal structures, bony landmarks, joints, and movements of the skeletal system. These cards feature full-color, dynamic artwork from Cael's acclaimed textbook *Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists*. The set is divided into two unique areas, the first covering functions of bone, types of bones, bones of the human body, joint structure and function, types of joints, bony landmarks (80) covering all regions, levers, movements available for all regions and active, passive and resisted ranges of motion. The second area outlines functions of muscle, fiber directions of muscles, how muscles are named, properties of skeletal muscles, types of muscle contractions, muscles of the human body, muscle profiles (114), and putting it into motion activities(27). Unique to this set are "Putting it in Motion" cards, which allow users to see how bones and muscles work together to create movement. Multiple types of review activities that aid in memorization and help to build critical thinking skills. Full-color illustrations so that the information is clearer and more compelling. The following are excerpts from faculty reviews of this product: "These cards would be of great benefit to massage students or any student studying kinesiology." "Massage and movement therapy students need a good knowledge base in muscle anatomy, palpation and movement. Having flashcards is a nice addition, in my opinion, to facilitating retention of the material presented in the text." "I like the approach of providing introductory cards to the set that will cover and explain some of the basic information related to bones and muscles instead of just providing bone and muscle cards. I like the fact that there will be cross reference page numbers on the cards with the text. The cards could easily be used for musculoskeletal anatomy, general anatomy and physiology, and used as a quick reference and review in kinesiology."