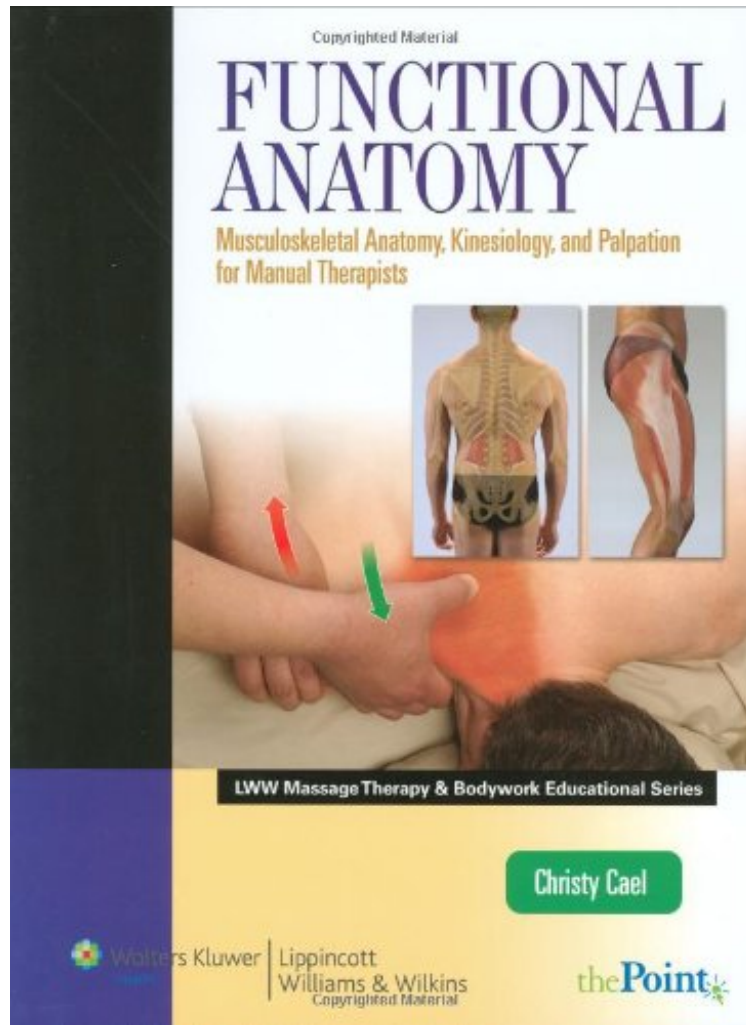


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Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists (LWW Massage Therapy and Bodywork Educational Series)

Christy Cael ATC CSCS LMP
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Christy Cael ATC CSCS LMP : Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists (LWW Massage Therapy and Bodywork Educational Series) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists (LWW Massage Therapy and Bodywork Educational Series):

0 of 0 people found the following review helpful. it is awesome and easy to understandBy Robin Viggiano purchased this to use in my studies in Massage Therapy especially to help me study for my state exam.. Where was this book when I was going through school! it is awesome and easy to understand! great reference (additional tool) for any new student.0 of 0 people found the following review helpful. Five StarsBy JennyGreat!1 of 1 people found the following review helpful. Great BookBy BobI am a physical therapist. This book is on my counter at work as a reference for me and others who need it on different occasions to keep abreast of muscle functions, etc. Highly recommend the book to others.

With the use of dynamic visuals and kinesthetic exercises, Functional Anatomy helps readers to explore and understand the body's structures, regions, layer of the body, from bones to ligaments to superficial and deep muscles. Muscle profiles indicate origin, insertion, and innervation points while step-by-step instructions teach effective bone and muscle palpation. Readers will also learn how structures help the body move through joint motion, and passive and resisted range of motion techniques. Each region ends with the culmination of structure and function to illustrate how they function together to achieve motion of daily activities as well as the movement involved in sports.

-- It does a good job of focusing on several topic areas that are important to manual therapists and other students of movement and function. The inclusion of various concepts of motion are not often found in massage therapy textbooks. Also it pairs a classical explanation of what muscles do with excellent explanations of surface anatomy, strength testing and discusses roles of the muscle beyond its action, such as its role in stabilization etc. All throughout, the text is supported by clear helpful photographs illustrated to show the movement more clearly. -- The tables are very good for detail oriented visual learners. Putting it into motion and Try This are great for the kinesthetic learner. -- The "Putting it into motion" section does a great job of addressing kinesthetic learners