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THE ESSENTIAL DYSPHAGIA HANDBOOK


Real life decisions,
MindMapPing & more



by Clinical Specialists

CLAIRE LANGDON • KAREN JARDINE • JULIE CICHERO

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Dr Claire Langdon, Karen Jardine, Dr Julie Cichero : the Essential Dysphagia Handbook: Real Life Decisions, MindMapPing and More before purchasing it in order to gauge whether or not it would be worth my time, and all praised the Essential Dysphagia Handbook: Real Life Decisions, MindMapPing and More:

2 of 2 people found the following review helpful. Great guide for new grads! By Francesca Coles I ordered this book as a new graduate of speech pathology hungry for guidance to bridge the gap between theory and practice. I had had relatively good exposure to dysphagia on clinical placements, but felt unprepared to assess and manage patients with dysphagia caused by a wide range of conditions in a busy clinical setting. Although it may look like a textbook, I found, much to my surprise, that I became engrossed in it and read it from cover to cover. Why was this so? I suppose partly because it had the ring of truth about it, having been co-written by three clinicians with extensive experience at the clinical coalface. It was also that I was hungry to see theory applied to cases - to be walked through clinical reasoning and decision-making in cases where the aetiologies and patient/family characteristics were very diverse. I

also appreciated that the text was well-referenced, with recent research cited to back up the authors' assertions. At the end of each case, the presenting condition and clinical problem-solving pathway is summarised using coloured diagrams called MindMapping, I hadn't encountered this approach to learning before and am not a particularly visual person, but the MindMaps worked well as metacognitive summaries. I found that I would look over them and talk myself through the case again. My only gripe is that more time could have been spent on editing as I noticed a number of typos and misspellings. Overall, though, I commend the authors on self-publishing a text that fills a clear need for new graduates and has been written in the best spirit of professional mentoring. 0 of 0 people found the following review helpful. This book was exactly what I was hoping for, ...By Anonymous.H.H.This book was exactly what I was hoping for, and exactly as described. Bridge between theoretical coursework and clinical work. As a grad student in SLP, I feel much more prepared for my upcoming medical internship. (I started reading the book before I started my Dysphagia coursework but found it more helpful near the end of the class.) Very impressed and grateful! 0 of 0 people found the following review helpful. A must have for Speech Pathology students! By Andrew Tweedie I found this invaluable during my clinical placements for my Masters. A brilliant look at the myriad ways swallowing can be affected, looking at real life case studies. I was privileged to attend a lecture on general swallowing assessment and a master class on cervical auscultation run by co-author Julie Cichero, who was both extremely knowledgeable and passionate about the field. Highly recommended for Speech students.

The goal of this book is to fill a gap that currently exists between the theoretical learning that takes place in the university setting, and practical management of clients in the workplace. Dysphagia is becoming an increasingly large part of the work done by Speech Language Pathologists but seems to be very confronting for a lot of students and beginning clinicians. We wanted to provide a resource that helps to bridge the gaps between theoretical learning and hands-on practice and provide a resource that unpacks clinical reasoning and helps new clinicians think about how and why recommendations about managing clients with dysphagia are made. Dysphagia management is definitely no cookbook recipe field, and whilst this is part of its attraction, it can also cause sheer terror in new graduates. Lets use an analogy. Each patient is like a unique symphony. At university or college we are taught about one or two instruments in the symphony. In clinical practice it can feel like there is a cacophony of noise that we have to make sense of. We can feel overwhelmed by other sounds and it can feel like they are drowning out the one or two instruments that we have learned. With some help interpreting the other instruments that give that symphony its rich texture, we can start to relax and appreciate the individuality of each piece. We are practising clinicians who are also involved in research. This book reflects an evidence-based approach to management of clients with dysphagia, while providing tips that reflect our extensive experience in managing feeding and swallowing problems in adult and pediatric populations. We hope it will encourage new clinicians to learn to ask the questions that will assist them in individualizing assessment and treatment for their patients. It has been our experience that students learn about different aspects of dysphagia and its management in the university setting, then arrive for clinical practicum with no idea of how the pieces of the puzzle fit together: for example, WHY a facial nerve weakness will mean that the person with dysphagia is likely to struggle to drink without anterior spillage, or the need for strategies to manage drooling. This book uses a series of case studies to help demonstrate how the pieces of the puzzle fit together. Dysphagia requires you, the clinician, to multi-task your anatomy and physiology university knowledge with the individual needs of the person sitting in front of you. This type of task requires the ability to draw on multiple sources. This book is a companion that will show you strategies for how to apply that knowledge and how to listen to the patients symphony so that you get a feel for the rich texture of dysphagia in practice. This book is different from other dysphagia textbooks in another significant way. We wanted to use visual maps to help you recognize the many facets you need to consider when working with a person with swallowing difficulties. This strategy uses metacognition to help you become lifelong learners. Many of us have a preference for visual learning and we aim to tap into this preference. We also wanted to make this a user-friendly book, so we've coded the different sections using symbols to help guide you to the bits you need quickly. In short, we wanted to write the book that WE wished we had when we started our journey learning about dysphagia! We hope that this will be a book that you reach for as a student and beginning clinician when you need information about managing a population. If this is a book that falls apart from constant use, we will have achieved what we set out to do.

About the Author Dr Claire Langdon Claire has worked extensively with adult dysphagia, in acute, rehabilitation and residential care facilities. She holds a Bachelors degree in Speech Pathology, a Master of Public Health (Epidemiology) and completed her PhD investigating factors predicting pneumonia in acute stroke. She is a Fellow of the College of Health Service Management, and was awarded a Fellowship in 2010 by the Winston Churchill Memorial Trust to undertake research into the use of devices to facilitate rehabilitation of dysphagia. Claire is a member of the Dysphagia Research Society, an international body of researchers with an interest in deglutition and swallowing. She is a Principal Investigator on a study investigating relationships between stroke, dysphagia and sleep apnea. Claire is working to develop the use of novel systems - including simulation learning - to support education and

learning for health practitioners. Karen Jardine Karen is a specialist in the field of pediatric feeding and swallowing. She has worked in a range of settings including community, private practice, research and acute care. Karen currently works at a tertiary hospital in Brisbane providing feeding and growth support to babies with congenital heart disease. She has special interests in mentoring other clinicians in the field, pediatric videofluoroscopy, and ensuring families are provided with practical, real-life care and support to see their children thrive. Julie Cichero Julie is a dedicated specialist of feeding and swallowing disorders. For over 20 years Julie has worked in public and private adult acute, rehabilitation and extended care facilities and more recently in the community with babies and children. Julie has been a lecturer and researcher affiliated with The University of Queensland since 1996. She is an invited national and international speaker, and reviewer for a number of international medical, nursing and allied health journals. She has published two books Dysphagia: Foundation, Theory and Practice (2006, Wiley Sons Inc.) and More peas please: Solutions for feeding fussy eaters (2009, Allen Unwin) and contributed chapters to other textbooks. She has served as a consultant on dysphagia for the National Stroke Foundation (Australia), Speech Pathology Australia, the Dietitians Association of Australia, and the American Speech and Hearing Association (Division 13 - Dysphagia). Julie is a member of the Dysphagia Research Society.