

The Foot Doctor: Lifetime Relief for Your Aching Feet

Glenn Copeland, Stan Solomon

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#18283892 in Books Rodale Pr 1986-09Original language:EnglishPDF # 1 #File Name: 0878576630276
pages | File size: 47.Mb

Glenn Copeland, Stan Solomon : The Foot Doctor: Lifetime Relief for Your Aching Feet before purchasing it in order to gage whether or not it would be worth my time, and all praised The Foot Doctor: Lifetime Relief for Your Aching Feet:

Glenn Copeland, podiatrist for the Toronto Blue Jays baseball team, sees patients with a wide range of foot problems. Here he shares his considerable expertise, to give you a complete book of foot care. Chapter include: the anatomy of the foot; the biomechanics of the foot lower leg; the bunion other big-toe abnormalities; hammer toes corns; problems of the front of the foot; calluses warts; disorders of the rearfoot; dermatological foot problems; right on the nail; systematic disorders; children's feet: starting off on the right foot; for want of a shoe that fits; athletes' feet. A complete, well-illustrated book!