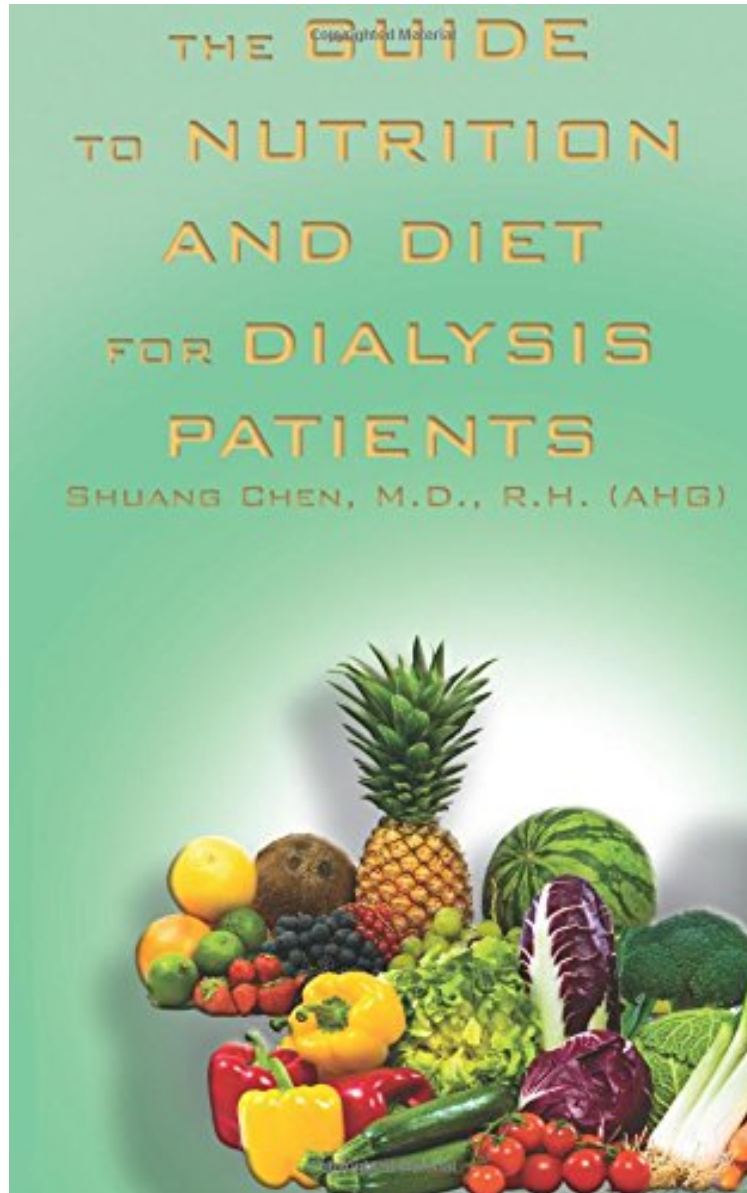


The Guide to Nutrition and Diet for Dialysis Patients

Dr. Shuang Chen

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Dr. Shuang Chen : The Guide to Nutrition and Diet for Dialysis Patients before purchasing it in order to gage whether or not it would be worth my time, and all praised The Guide to Nutrition and Diet for Dialysis Patients:

17 of 17 people found the following review helpful. Don't buy this bookBy Jennsews2I'm not even going to waste my time going to the post office to return this book--it's going straight in the trash. The author is NOT a nephrologist and has no training in treating patients with kidney disease. English is obviously not the author's primary language, and the

text is awkwardly written with poor grammar and numerous contradictions. The book is written in a question and answer format, but there is no context for the questions and no discernable order--she jumps randomly from subject to subject. The charts of foods may be useful somewhere in the world, but most people in the U.S. don't eat legendary turtle or camel hoof with any regularity. If I could have rated this book with zero stars, I would have--don't waste your money! 15 of 15 people found the following review helpful. Dialysis Diet By Dean Hone I was hoping for specific meal planning help with my husband's diet now that he is on dialysis. I was not familiar with many of the food items listed; donkey meat, camel hoof, Adzuki beans, croakers, etc. Measurements are written in grams, kilograms, kilocalories, and milliliters. I was looking for a basic meal planner ... this wasn't it. 0 of 0 people found the following review helpful. Learning to have a Positive life while on Dialysis By CustomerGot this for my daughter in law to take to China as her mother is on Dialysis in China. She was not told what she could and couldn't eat. This will be helpful for them.

Specifically written for patients undergoing dialysis treatment, this guide provides important nutritional and dietary information to improve the patients' quality of life during dialysis and to prolong their lives. Presented in a concise, easy to read format, complete with food analyses and charts, *The Guide To Nutrition and Diet for Dialysis Patients*. Patients addresses thirty-eight of the most commonly asked questions on diet and nutrition, offering essential knowledge for dialysis patients and their families. This book also includes a series of lists for patients to use in identifying foods with high calcium, potassium, sodium and phosphorous contents. This guide is relevant for all people concerned with dietary consumption.

About the Author Shuang Chen, M.D., R.H.(AHG) is an experienced practitioner in Chinese Western herbal medicine combined with homeopathic medicine in the US. She is also an experienced dermatologist mycologist in China and Japan. Dr. Chen graduated from the Fourth Military Medical University in China thirty-four years ago and had further study in Teikyo University, Medical School, Dept. of Dermatology Mycology in Japan in the 80s. She is a member of The Japanese Society for Investigative Dermatology. Dr. Chen has devoted her practice to natural medicine and has favored herbal medicine and nutrition over the past fifteen years. Dr. Chen focuses on the search for effective therapies using Oriental Western herbal medicine and nutrition to treat skin diseases, venereal diseases, and fungal infected disorders. She had distant study in homeopathic medicine and obtained a Master Herbalist Diploma from the Australasian College of Healthy Sciences in Portland, Oregon of the US. Dr. Chen is a Registered Herbalist in the US. Besides being a member of the American Botanical Council, a member of the American Herbalist Guild and a member of the Delta Epsilon Tau in the US, she is also a medical research writer.