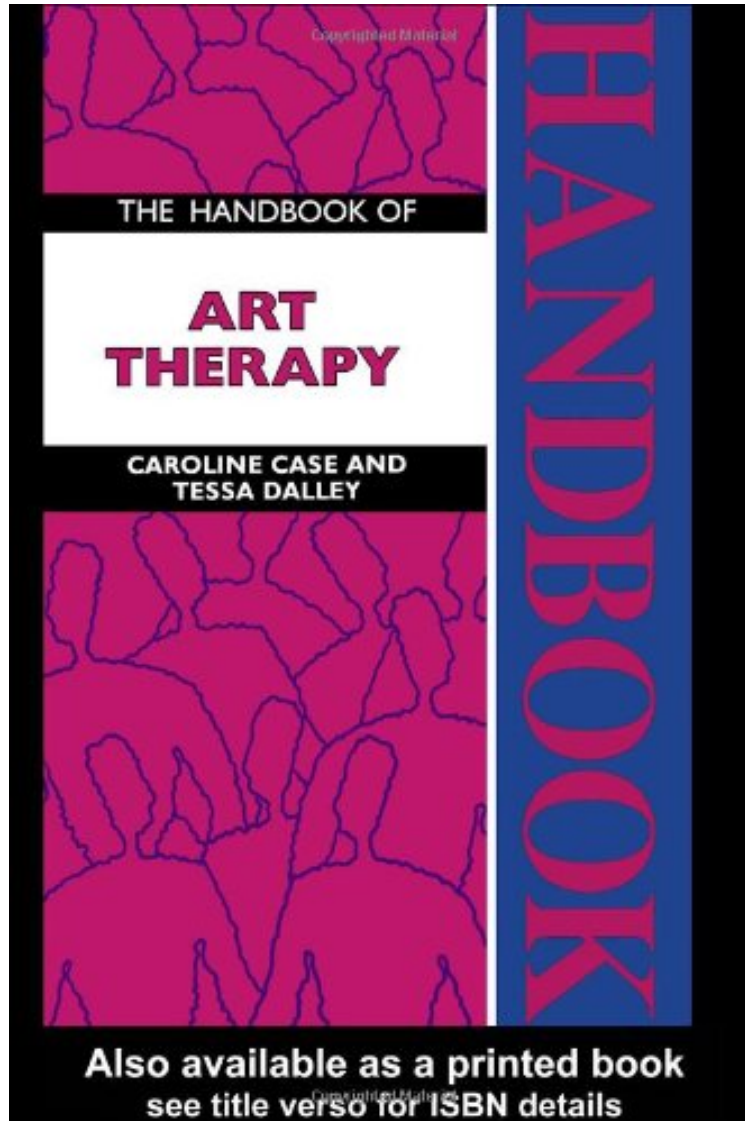


(Get free) The Handbook of Art Therapy

# The Handbook of Art Therapy

*Caroline Case, Tessa Dalley*

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**Caroline Case, Tessa Dalley : The Handbook of Art Therapy** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Handbook of Art Therapy:

What is art therapy? How can art and therapy combine to help individuals understand aspects of their inner life? This new edition of The Handbook of Art Therapy is thoroughly revised and updated and includes new sections on

neurobiological research, and a current review of literature and contemporary practice. It provides a comprehensive introduction to the field of art therapy in a variety of different settings. Caroline Case and Tessa Dalley draw on their experience of teaching and practising art therapy, concentrating on what art psychotherapists actually do, where they practice, and how and why art therapy is effective. First-hand accounts of the experience of art therapy from both therapists and clients are used throughout, enriching the discussion of subjects including: the art therapy room art and psychoanalysis art therapy and creativity working with groups in art therapy art therapy with individual patients. This straight-forward and highly practical Handbook will be invaluable not only as an introduction to the profession but also as a reference for students of art psychotherapy both during and after their training.

About the Author Caroline Case is an experienced Art Therapist and Child and Adolescent Psychotherapist working in a CAMHS team, in private practice and as a clinical supervisor. She has published widely on her work with children, but also works with adults. Her most recent publication is *Imagining Animals: art, psychotherapy and primitive states of mind*. Tessa Dalley is an experienced Art Therapist who works in private practice and as a clinical supervisor. She is also a Child and Adolescent Psychotherapist working in an in-patient adolescent unit and in the Parent-Infant Project at the Anna Freud Centre, London. She has published a number of books and articles and is currently editor of the *International Journal of Art Therapy: Inscape*.