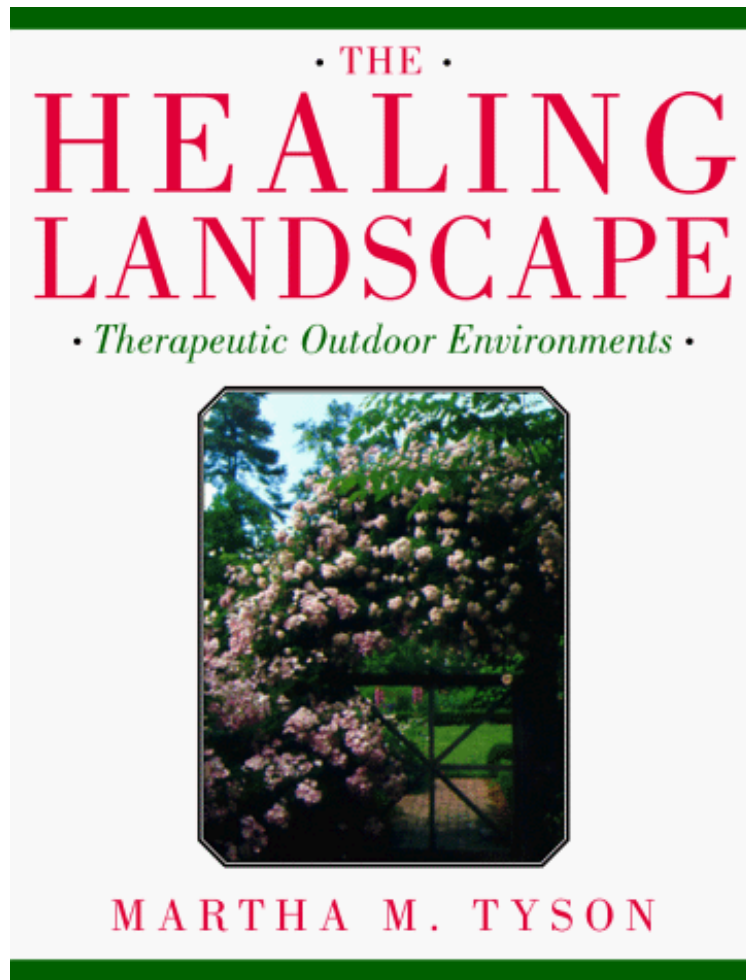


(Download) The Healing Landscape: Therapeutic Outdoor Environments

# The Healing Landscape: Therapeutic Outdoor Environments

Martha M. Tyson

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**Martha M. Tyson : The Healing Landscape: Therapeutic Outdoor Environments** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Healing Landscape: Therapeutic Outdoor Environments:

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Based on the principle that the physical environment has a profound effect on well-being, The Healing Landscape is a thoughtful and thorough guide to planning, designing, and building therapeutic gardens for health-care facilities and

assisted-living environments. Fully illustrated with detailed descriptions, line drawings, and photographs, this step-by-step guide will enable designers and health-care professionals to work together to create harmonious outdoor spaces that can heal both the body and the spirit. Using classic design theory and people/ environment research, this unique volume covers such topics as the therapeutic aspects of landscapes ... case studies of various settings ... design goals and garden elements ... and integrating indoor and outdoor design. A practical handbook for landscape architects, architects, planners, and facility managers who wish to make use of the healing powers of outdoor spaces.

From the Back Cover "The power of gardening to heal and help us grow has been recognized since the beginning of civilization. Used therapeutically, nature and gardening have helped restore people to health through both the restful and quiet viewing of lovely gardens and the sunlight, fresh air, and moderate exercise offered by outdoor gardens."--B. Moore, *Growing with Gardening*.