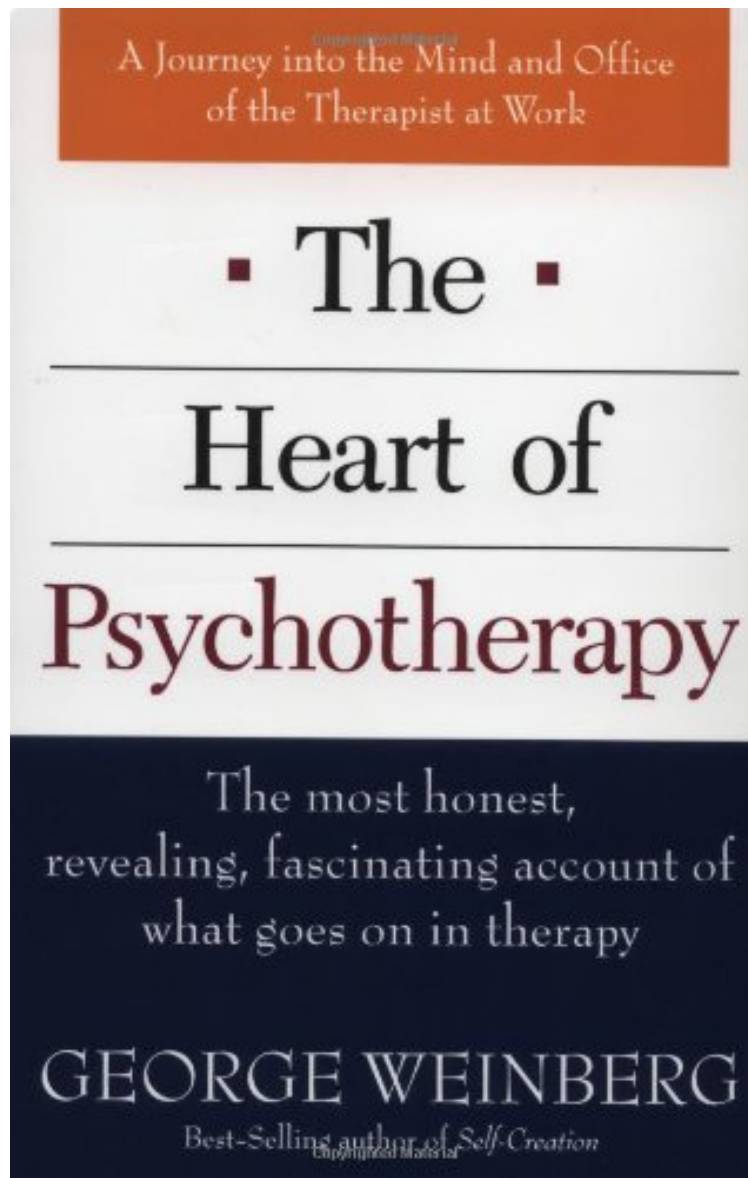


(Download) The Heart of Psychotherapy: The Most Honest, Revealing, Fascinating Account of What Goes On In Therapy

The Heart of Psychotherapy: The Most Honest, Revealing, Fascinating Account of What Goes On In Therapy

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Candid, compassionate, and groundbreaking. *The Heart of Psychotherapy* opened the door to the therapeutic office more than a decade ago, offering a generation of readers an unparalleled evaluation of what does-and what should-go on in therapy. This edition, published with a new expanded foreword written by the author, reaffirms Dr. George Weinberg's understanding of therapy as an intimate relationship between two people-the patient who has reached out for help and the therapist who wants to give it-and discusses particular issues that have emerged in the 1990s. In this new edition, Dr. Weinberg:-Advises the healthy male on how to express his feelings openly-Challenges therapists to refrain from imposing their prior beliefs on patients-Discusses the needed feminist influence in psychotherapy
Wise and sensitive, powerful and courageous, *The Heart of Psychotherapy* is an unusual, penetrating book that has long been regarded as the leading work in its field.

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About the Author
Dr. George Weinberg is the author of numerous books and articles, including *The Taboo Scarf* and the best-selling *Self-Creation*. A nationally renowned psychotherapist, Dr. Weinberg lives in New York City, where his practice includes training other therapists as well as seeing private patients.