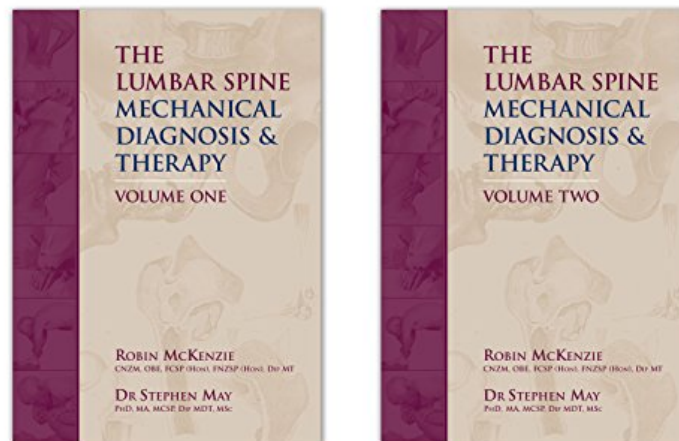


## The Lumbar Spine: Mechanical Diagnosis Therapy, 2 Vol Set (801-2)

*Robin A. McKenzie, Stephen May*  
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#546472 in Books 2003-06-01 Original language: English PDF # 2 10.00 x 7.25 x 1.50l, 2.34 #File Name: 0958364753700 pages | File size: 66.Mb

**Robin A. McKenzie, Stephen May : The Lumbar Spine: Mechanical Diagnosis Therapy, 2 Vol Set (801-2)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Lumbar Spine: Mechanical Diagnosis Therapy, 2 Vol Set (801-2):

1 of 1 people found the following review helpful. Great but slightly vague and redundant By Robert Trager Pros: I like the systematic approach presented in this text. It is easy to follow and learn especially with the images. These books are the only place you will find the full mechanical diagnosis approach. The assessment and treatment program outlined in these books has become a standard in many professions for good reasons. This is a very thorough book with tons of references. This is a good reference text. Images and tables have good information. There is a lot of original research summaries and interpretations. The section on lateral shift was really good. Cons: I did not like the redundancy of the books. The images, tables, and statistics were often times repeated throughout the books. The in-text citations also added to the length of the book and made it slightly difficult to read in some paragraphs which consisted mostly of people's names and dates. They could have easily shortened it a couple of hundred pages overall and also by using superscript citations. I did not like how sometimes it was sometimes (purposefully?) vague regarding the approach or interpretation of the examination findings. Example: The definition of "Derangement syndrome" ... "internal displacement of articular tissue of whatever origin will cause pain to remain constant until such time as the displacement is reduced." Also, they could have gone more into detail into how mechanical diagnosis and treatment affects non-disc conditions.

1 of 1 people found the following review helpful. A valuable tool to have!! By L. Flowers Great books!! I am a PTA and going to the class was life changing but having the books to review is invaluable. They are easy to read and in good sections.

0 of 0 people found the following review helpful. Great books for the McKenzie clinician By Customer Great books for the McKenzie clinician. Not meant for the lay person. Purchase "Treat Your Own Back or Neck" as these are written for the lay person.

Diagnose low back pain and design patient lumbar spine therapy protocols using the McKenzie Method reg; of

Mechanical Diagnosis Therapy; This second edition has been expanded into two volumes, incorporating over 700 pages of updated content including: \* Up-to-date review of disc pathology \* New patho-biomechanics data \* Updated and expanded descriptions of derangement, dysfunction and postural syndromes Also includes the full compendium of study that has been published since 1981 pertaining to the lumbar intervertebral disc and the McKenzie system. Written by Robin McKenzie and Dr. Stephen May. Illustrated. Softcover; 728 pages.

About the Author Robin McKenzie, CNZM, OBE, FCSP (Hon), FNZSP (Hon), Dip MDT, Dip MT For over 50 years, The McKenzie Method; has put the power in the patient's hands, utilizing education and self-treatment strategies to provide long-lasting relief from pain. The late Robin McKenzie was a renowned spinal expert and an authority on the treatment of lower back and neck pain. His method of Mechanical Diagnosis and Therapy; (MDT) is taught by clinicians around the world. MDT, along with his heralded series of books, DVDs, rolls and supports, has helped hundreds of thousands of people achieve freedom from back, neck, shoulder and knee pain.