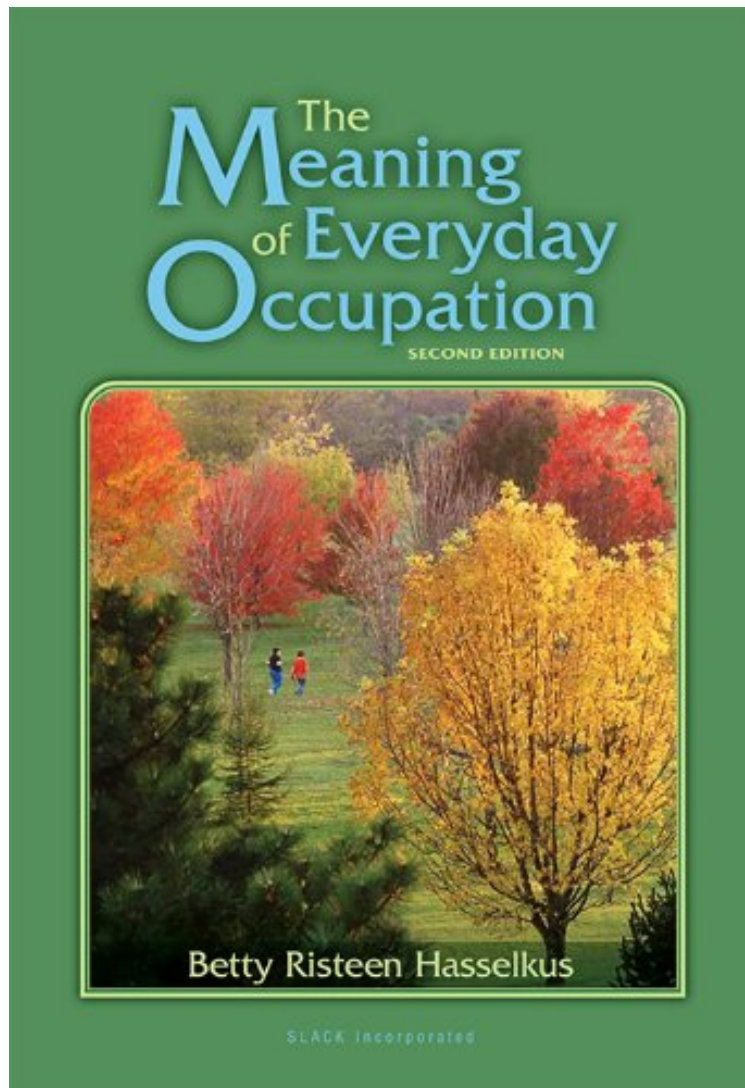


(Download) The Meaning of Everyday Occupation

The Meaning of Everyday Occupation

Betty Risteen Hasselkus PhD OTR FAOTA
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The Meaning of Everyday Occupation, Second Edition is a text designed to bring the reader closer to the world of

occupation. This new edition probes more deeply into the meanings of everyday occupation and offers opportunities to the reader for personal reflection about day-to-day occupational patterns. The continuing emphasis of this Second Edition, by award-winning author Betty Risteen Hasselkus, PhD, is on everyday occupation as experience. *The Meaning of Everyday Occupation* motivates occupational therapists to think about how occupation is experienced in everyday life, to absorb the complexity of meanings imbedded in daily life, and to value the personal and social significance of everyday occupation in their own and their clients' lives. Chapters themes include: Space and place; sources of meaning in occupation; Culture and occupation; Occupation as a source of well-being and development; Occupation and relationships; Disability and occupation; Occupation as a source of spirituality; Creativity in occupation as a source of meaning. Throughout the Second Edition, the text focuses on the ways in which daily occupation contributes to meaning in our lives, providing a sound understanding of the daily routines and activities to which we so often give little attention. Emerging trends in occupational therapy are also examined, focusing on strengthened globalization, the movement toward populations and systems as clients, and the increasing emphasis on experiential definitions of occupation in education, practice and research. Instructors in educational settings can visit www.efacultyounge.com for newly developed material to be used for teaching in the classroom. *The Meaning of Everyday Occupation, Second Edition* is a unique and comprehensive text for the study of occupation and its implications for effective practice. Verbatim narratives from occupational therapists in practice and excerpts from the author's life are integrated with theories of occupation and occupational science throughout the book, yielding a coherent, comprehensive and readable text on the importance of occupation to the quality of daily life.

"She does not simply outline contemporary theories of occupation, but interweaves theory with real-life examples from clinicians, research, and her own life and from philosophical literature. The result is that theoretical ideas about occupation are embedded in the possibilities and experiences of everyday life, encouraging the reader to reflect on the veracity of theories and the relevance of traditional "categories" of occupation. Indeed, the book feels like a meditation on occupation. This is a thoughtful book and one that encourages its readers to ponder the nature of occupation and the contributions made by occupations to the quality of our lives. For this reason, the book would be useful and relevant to all occupational therapists who wish to explore and ponder the meaning of everyday occupation." — Karen Whalley Hammell, *Canadian Journal of Occupational Therapy*