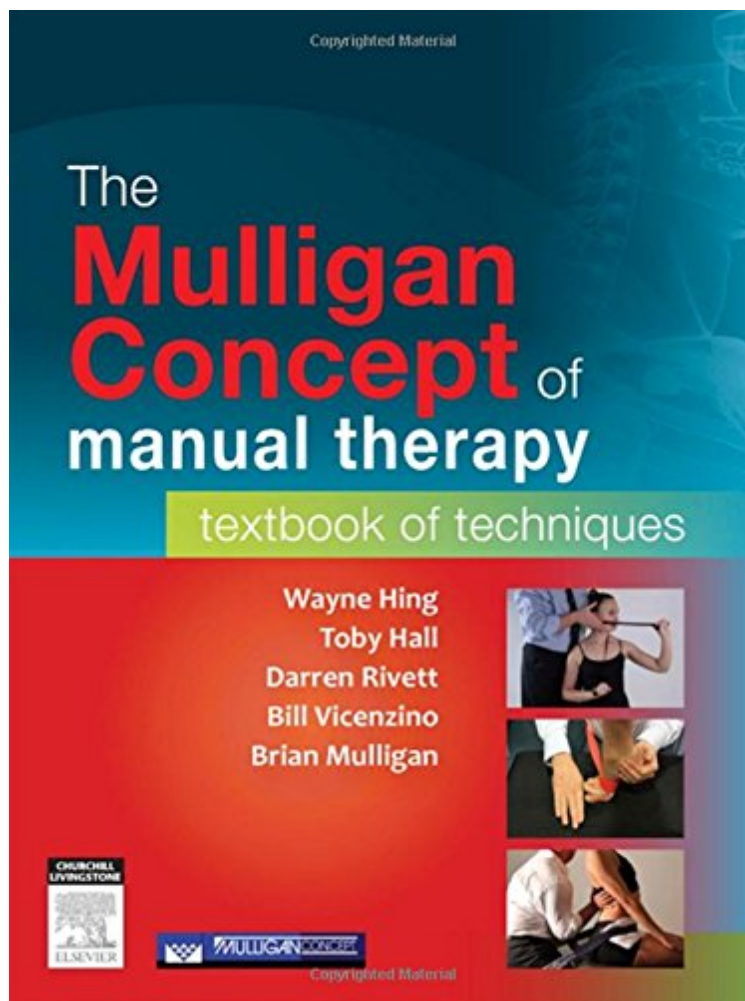


The Mulligan Concept of Manual Therapy: Textbook of Techniques, 1e

Wayne Hing PhD MSc(Hons) ADP(OMT) DipMT Dip Phys FNZCP, Toby Hall PhD MSc Post Grad Dip Manip Ther, Darren A Rivett BAppSc((Phty) GradDipManipTher MAppSc(ManipPhty) PhD MAICD APAM MMCTA(Hon), Bill Vicenzino PhD MSc Grad Dip Sports Phty BPhty, Brian Mulligan FNZSP (Hon.) Dip MT

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3 of 3 people found the following review helpful. Great Guide to an Excellent System. By Richard Zaruba Should be mandatory for all manual therapist. Clear instructions and illustrations of the Mulligan Concepts techniques and whenever appropriate adjunctive taping and home exercises for all areas of the body. Quick but thorough coverage of CROCKS and PILL acronyms that are used, followed by brief review of reasoning and principles for using MWM in Intro chapter. This is not a scientific overview and never claims to be. For that read Mobilization with Movement which proves an excellent theoretical and research based coverage of this area. 0 of 0 people found the following review helpful. ... you for a very reasonable price for such a great book! By Noonie Thank you for a very reasonable price for such a great book! 2 of 2 people found the following review helpful. Very good book. Good explanation of techniques. By DAK Very good book. Good explanation of techniques. Would have been better if the book came with an instructional DVD. Overall a Good buy.

Perfect for: Undergraduate and post graduate students in: o Physiotherapy; o Sports and Exercise Science; o Osteopathy o Chiropractic An essential reference for the manual therapist seeking to improve patients' movement using pain-free hands-on techniques. Designed as a companion to Mulligan Concept training courses, the text is divided by: Body regions with techniques highlighting key information to assist with clinical reasoning and assessment Patient and practitioner positioning, guidelines for application and further adjustments. "...an excellent clinically grounded text providing clinicians with hands on, day-to-day, impactful techniques." Reviewed by Stuart Elwell on behalf of Physical Therapy in Sport, September 2015 "...can be used as an easy-to-follow manual for clinicians who are familiar with the concept." Reviewed by Llewellyn Boucher on behalf of The British Pain Society Newsletter, Pain News, June 2015 "The most comprehensive technique textbook for the Mulligan Concept to date." Reviewed by Evan Thomas on behalf of Physiopedia, September 2015 "...ideal for all manual therapists, from novice to experienced, as well as researchers, teachers, and students." Reviewed by Evan Thomas, Sept 2015 Covers a range of Mulligan techniques including Mobilisation With Movement and Pain Release Phenomenon Dictionary of annotations for techniques described Step-by-step instructions to over 160 Mulligan techniques Highly illustrated Over 40 expert contributors from 15 countries Home exercises and taping techniques also included.

"...this text would be an excellent resource to any practicing physiotherapist or health professional who is familiar with Mulligan's approach to manual therapy. It offers the opportunity to consolidate knowledge for experienced practitioners and as a reference for those newly familiar. It is concise, clear to follow and is well illustrated throughout." ed by Stuart Elwell on behalf of Physical Therapy in Sport, September 2015 "The introduction gives a brief outline of the nomenclature, core principles and clinical reasoning underpinning the Mulligan concept of manual therapy. The rest of the book's chapters cover different body parts and describe in detail how to perform techniques with step-by-step instructions, photographs and useful tips." ed by Llewellyn Boucher on behalf of The British Pain Society Newsletter, Pain News, June 2015 "Because of its thoroughness, this textbook is ideal for all manual therapists, from novice to experienced, as well as researchers, teachers, and students. It is an excellent book that is well worth the money, and if you have Mobilization with Movement: the Art and the Science (2011), it makes the perfect companion." ed by Evan Thomas on behalf of Physiopedia, September 2015