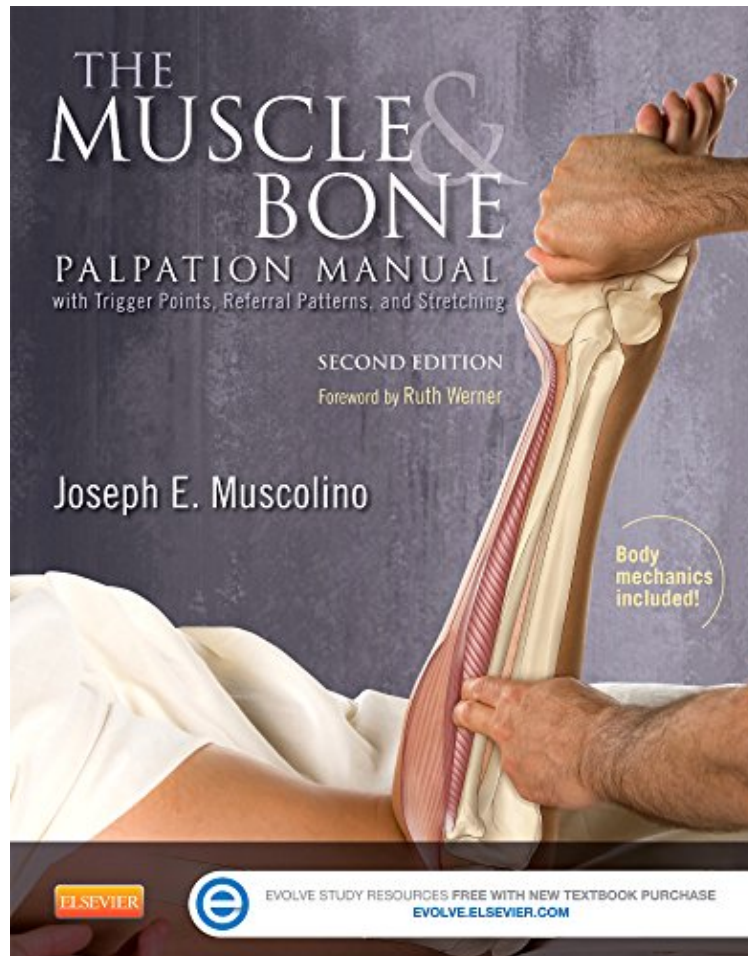


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With more than 1,000 vibrant, full-color illustrations and over 4 hours of detailed video demonstrations, THE

MUSCLE AND BONE PALPATION MANUAL is the most visually engaging way to help you master and successfully apply palpation techniques in massage therapy. This innovative text uses unique, richly detailed photographic illustrations of muscles as they appear under the skin to give you a thorough understanding of effective palpation. This comprehensive guide provides unparalleled preparation for professional success. Step-by-step muscle palpation coverage with clear reasoning provided for each step presents content in a way that is easily understood and remembered rather than just memorized. Amazing four-color artwork shows palpation of the muscle with muscle and bone illustrations drawn over full-color photos offering you a better sense of exactly how the muscles look and where the muscle is located underneath the skin as it is being palpated. UNIQUE! Stretching coverage provides more information on this effective treatment technique and helps you understand the role of stretching in treatment. Trigger Points and Referral Patterns illustrations show where trigger points lie on the muscle and where pain radiates when an injury is felt so you can effectively identify trigger points and referral patterns in a clinical setting. UNIQUE! Palpation photos help students and practitioners learn to identify muscles when the body is positioned the way they will encounter it in the massage setting. Specific massage-related assessment and treatment strokes are shown through illustrations and in the Palpation Notes, moving you from theory and assessment to practical application. Bone Palpation coverage teaches you to identify and palpate bones and bony landmarks. Chapter overviews and outlines introduce each chapter so you can preview the content and direction of the chapter at the major concept level. Measurable chapter objectives at the start of each chapter identify key goals as well as information that should be mastered. NEW! Interactive Muscle Program available on Evolve allows you to see muscle attachments and the relationship among the muscles of the region, easing the process and aiding in retention of material. NEW! Drawings of therapist-assisted stretches added to the third section of the text supplies you with a comprehensive look at stretching, with both the existing self-stretches and the assisted stretches presented side-by-side. NEW! Case studies keep your interest level high with the opportunity for integrative, clinical reasoning. NEW! Reformatted Bone Palpation and Ligaments section offers content in a narrative format consistent with the rest of the text for easier navigation. NEW! "Deeper Thoughts" questions actively engage and challenge your reasoning skills. NEW! Review questions allow you to discuss concepts and synthesize important chapter information.

"Overall, this is a marvelous book, with a wealth of information on a topic that often does not get sufficient coverage. The book has some of the best and most pedagogical illustrations I have seen in a long time, and the accompanying website is a great source of resources. I highly recommend it." -Dana J Lawrence, DC, MMedEd, MA, Palmer College of Chiropractic Doody Score: 84/100 nbsp; "The Muscle and Bone Palpation Manual with Trigger Points, Referral Patterns and Stretching offers the comprehensive and visually engaging way to truly master manual therapy palpation techniques. It contains thorough and clear palpation methods accompanied by the highest quality illustrations, and it includes a wealth of valuable study aids." - SirReadaLot.org (June 2015, Issue #194)