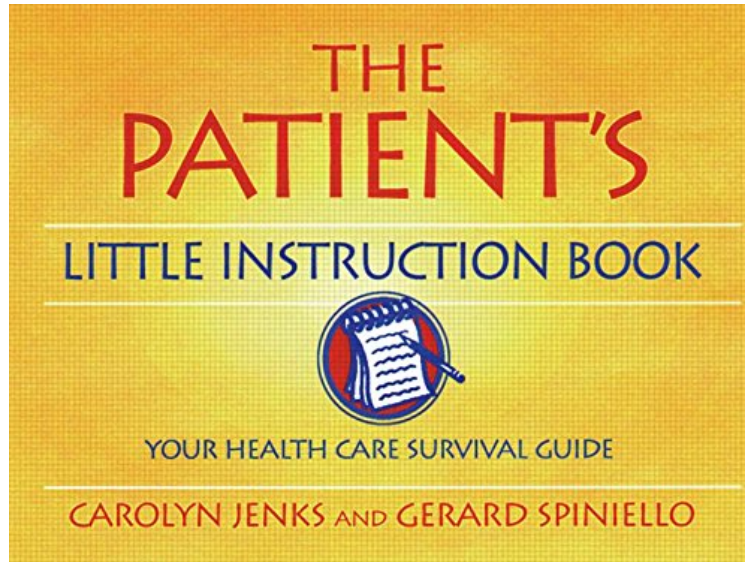


[Free] The Patient's Little Instruction Book

The Patient's Little Instruction Book

Carolyn Jenks, Spiniello Gerard
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Carolyn Jenks, Spiniello Gerard : The Patient's Little Instruction Book before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Patient's Little Instruction Book:

0 of 0 people found the following review helpful. A "little" book, but a BIG help! By KatiSuch a helpful tool for navigating the incredibly confusing, jargon-filled world that is the medical community. A fantastic guidebook for tackling illness - especially valuable since Jenks herself has firsthand experience. 0 of 0 people found the following review helpful. Must Read By ellie anderson Highly recommend this book for anyone navigating the healthcare system and feeling overwhelmed or afraid or nervous or any of the things we feel when we're facing illness. Jenks kindly and expertly guides you through the difficult process- well worth the read. 0 of 0 people found the following review helpful. So glad I read this! By CustomerLight and good-humored, this book was incredibly helpful as my parents entered their senior years and were plagued by health issues. Its advice and instructions helped relieve my anxiety and gave me piece of mind.

Empower your patients! When you become a patient you enter into "The Twilight Zone." Besieged with forms, insurance jargon, and impatient medical personnel, patients find themselves faced with many questions and few answers. This handy little book will serve as the patients' bible to help navigate the web of physicians, hospitals, insurance companies, and HMOs. The Patients' Little Instruction Book doles out must-have advice via simple one-liners. It includes questions that patients should ask, what they can do to receive the best treatment, their rights as patients, and how to contain costs. Patients, physicians, and the entire hospital staff will enjoy the witty comments that help make health care less complex and mysterious. Here's a sampling of the vast wisdom contained in this little book: Most people spend more time researching and evaluating the purchase of a VCR than they do choosing a doctor, hospital, or health plan. Good patient-doctor communication is essential to good care. If you are having an operation on one side of your body, write WRONG SIDE in red magic marker on the other side. Never take any unfamiliar

medication without a full explanation from the nurse as to what it is, who ordered it, and what it is for. Medication errors occur in hospitals every day. You have the responsibility to prevent illness by following your doctor's advice and by practicing good health maintenance.