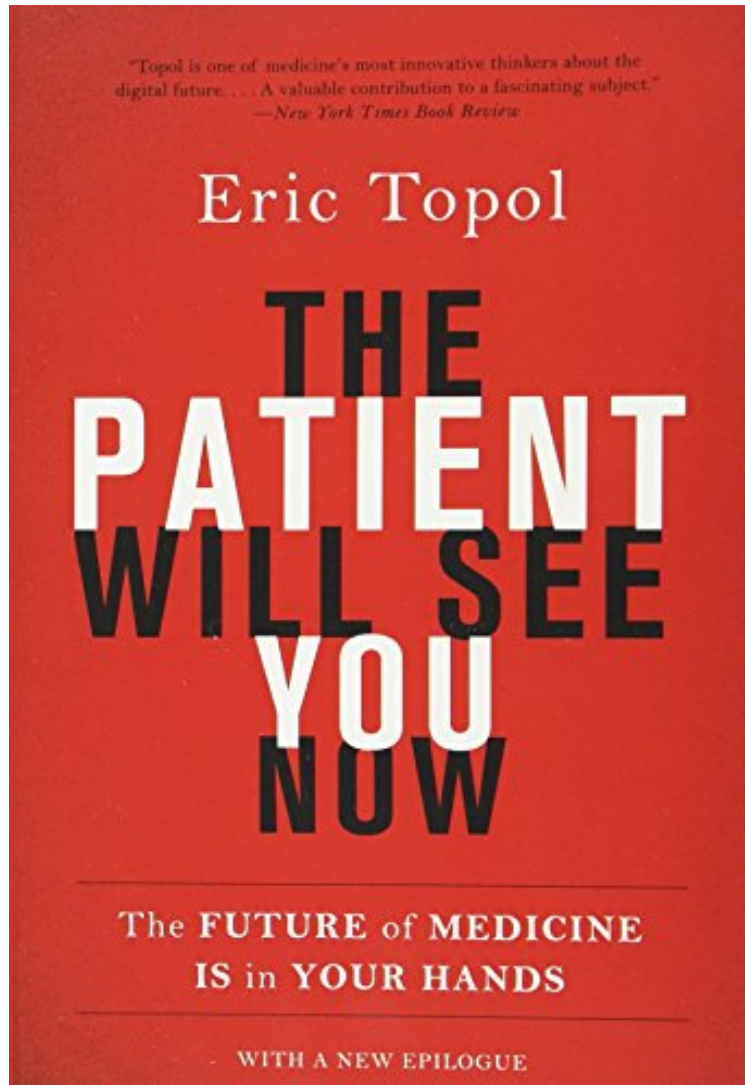


The Patient Will See You Now: The Future of Medicine Is in Your Hands

Eric Topol

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Eric Topol : The Patient Will See You Now: The Future of Medicine Is in Your Hands before purchasing it in order to gage whether or not it would be worth my time, and all praised The Patient Will See You Now: The Future of Medicine Is in Your Hands:

7 of 7 people found the following review helpful. Must-read to understand the near-future of health care By Roni Zeiger This is a must-read for anyone who wants to understand how quickly and dramatically health care is changing.

Some would describe Eric Topol as a "futurist", but that suggests he's talking about things 10+ years away. I think of him as a "near-futurist" with a unique ability to synthesize the scientific and cultural trends emerging in different parts of the health care system, to help us see how it's about to come together. As a physician, I find this scary and exciting. As a patient, family caregiver, and advocate, I'm thrilled. The Patient Will See You Now takes us on a wonderfully written tour including: the end of paternalism in health care (hooray!), tools that patients and families now have to be partners in their care, and an approachable overview to how genomics is finally bringing us personalized medicine. That last piece is even more important to understand given Obama's recent proposal to sequence 1 million genomes. Whether you think all of these changes are good or not, Topol's work here is a huge amount of easy-to-understand education, impeccably researched, and a pleasure to read. 3 of 3 people found the following review helpful. Very important book, by a very well informed Doctor. By David Rosenberg. A must read book only for people that have children, grandchildren, parents, grandparents. Covers most people in the USA. But it must be part of an education of each person in USA to ask why our health care is so expensive, \$3,000,000,000,000 or 18% of GNP but our outcomes are 37th in the world. But does not talk about prevention and adopting a healthy life style. His credentials are world class, very well researched, and well organized and written. But what would happen if people would not need to go to doctors and hospitals, and did not need drugs and devices, would the unemployment go through the roof. At Cleveland Clinic, where he was their leader for 15 years, there was another associate named Caldwell Esselstyn, who also left, since he was suggesting a patient change their diet to avoid a procedure, Dr Topol left because he exposed the side effects of Vioxx, and suggested that Cleveland Clinic put their support of Merck ahead of the patient's interests. Discussions about unnecessary tests and radiation being cumulative, and dangerous is scary. His thesis about the digital devices being a major tool for better medicine is enlightening, and gives one hope for the future. But he does not touch parts that Steven Brill did in his recent book, America's Bitter Pill, Michael Moss's Book Salt Sugar and Fat, Maggy Mahar's book, Money driven Medicine, and most important Colin Campbell's The China Study. In summary, this is a book like the others, to be studied, not just read. 1 of 1 people found the following review helpful. Say goodbye to eminence, hello to EVIDENCE. By Victor Skimmeland. Toole is a skilled wordsmith, a gifted craftsman, an author who manages to popularize difficult topics and bring out in a form that lets even the non expert have an expert's view. Would you like a few and wonderful sound bites from the first section (of three, that's as far as I've got on my flight home this afternoon)? "No longer will MD stand for medical deity." Or, "...smart, hyperconnected patients represent a serious challenge to medical paternalism." Of course, that's what these are, just sound bites. Still, the author's hiding a treasury of gemstones in the open, a knowledge that we as patients need to have, and he has refrained from making the book unreadable just to look more intelligent, seem more scholarly, too his peers. I can't help but love it, both it's content and form. There's no style over substance here. There's no war between Wilson and House. Just an excellent mixture between truisms and truths. Just the way we normally intelligent but quite un-medical human beings need to have it. Now, have a look at a few more of the gems just from the opening pages. Then download your own copy on to you Kindle or iPad and go hunting for more gems, as well as profound epiphanies that Toole elaborates over pages. Every patient is an expert in their own chosen field, namely themselves and their own life. Or, "...doctors consider themselves the most evolved of the human species." "...the power of the people is greater than the people in power." "...were not just talking medical empowerment. Were talking medical emancipation." And, if you didn't catch me at the beginning; yes, I am indeed only a patient, trying to manage my own life and not so much my death sentence. Time to take on the paternalistic tendencies of medicine. We no longer need Eminence-Based Medicine; we need EVIDENCE based medicine. Options, not opinions. Let Eric Topol lead you on that venture.

"[Topol is] one of medicine's most innovative thinkers about the digital future.... [A] valuable contribution to a fascinating subject."--New York Times Book Review

"In his new book, *The Patient Will See You Now*, Topol expertly builds upon his earlier path-finding work and explores how smartphone adoption, big data, new digital monitors of medically relevant information streams, ubiquitous computing, and larger networks are all combining to revolutionize health care far beyond what most now expect—with the exciting promise of lower costs and higher quality simultaneously. Coming from a world-class physician with a unique perspective on the rapidly changing nature of medicine, Topol's prescription for patient empowerment is a must read."