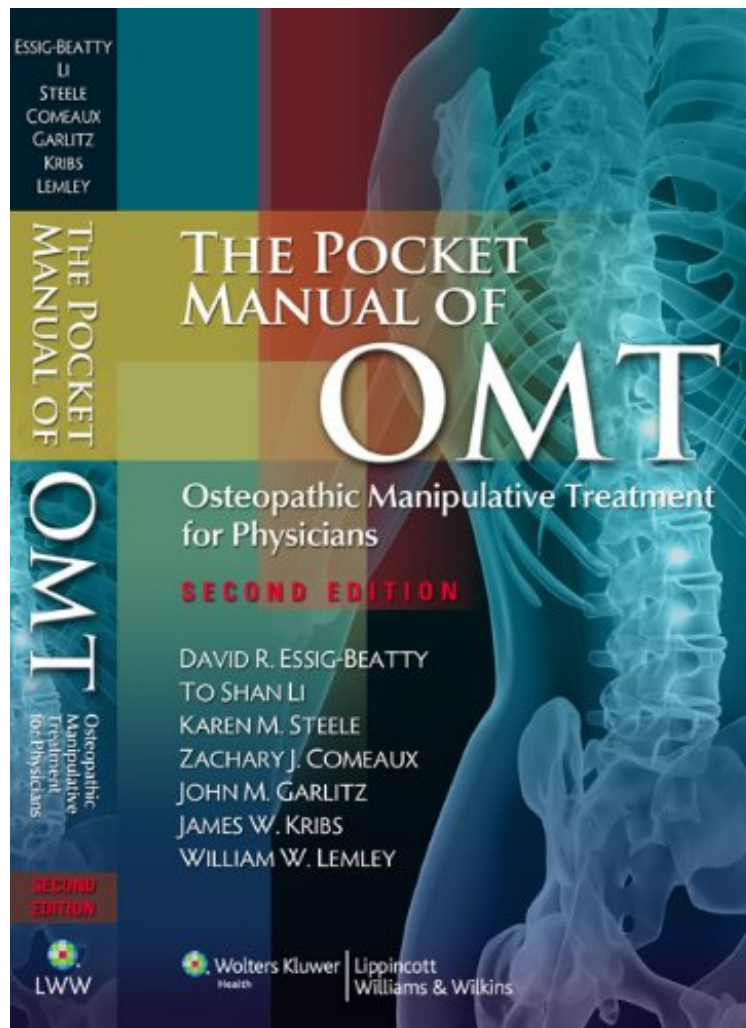


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## The Pocket Manual of OMT: Osteopathic Manipulative Treatment for Physicians

David R. Essig-Beatty, To-Shan Li, Karen M. Steele, Zachary J. Comeaux, John M. Garlitz, James W. Kribs,  
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**David R. Essig-Beatty, To-Shan Li, Karen M. Steele, Zachary J. Comeaux, John M. Garlitz, James W. Kribs, William W. Lemley : The Pocket Manual of OMT: Osteopathic Manipulative Treatment for Physicians** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Pocket Manual of OMT: Osteopathic Manipulative Treatment for Physicians:

0 of 0 people found the following review helpful. Great OMT guide for approaching specific body regions By TennisDoc Very well constructed and organized to the approach to treating body segments specifically, easy to read, pictures are very informative. Only negative is the last chapter wasn't bound in my book, instead was loose-leaf and

upside down and backwards, but I fixed it manually myself (after about an hour of labor)0 of 0 people found the following review helpful. Easy to use.By Joe CThis is a great reference book for my wife who practices OMT. She loves having this book in her office. Having looked at it myself and I am not a D.O., I found it was easy to look through and find different procedures.7 of 8 people found the following review helpful. Handy, useful and highly portable.By WilmodoThe West Virginia School has, over a few editions, made one of the most useful and portable books of Osteopathic Techniques available today. The approach is by body region, which is pretty much what most practitioners do, and gives the range of direct and indirect treatments for each body region. In addition, the exercises are most useful in helping patients (and sometimes the practitioners themselves) maintain the joint and muscle motion achieved by the Osteopathic treatments. Very useful, handy to carry around, well organized and documentation, especially the charts on sacral dysfunctions, are extremely useful.

The Pocket Manual of OMT is a practical, concise clinical reference for physicians and osteopathic medical students learning and using manipulative diagnosis and treatment techniques. The book's organization by body region enables readers to select appropriate treatments for specific diseases. For each technique, the book provides indications, contraindications, a stepwise description, and a photograph.This edition presents 43 new techniques, including seated facet release and inherent motion diagnosis and treatment techniques. Updated and expanded descriptions of osteopathic principles are complemented by new illustrations and clinical correlations. Exercises that clinicians can prescribe to patients appear after the appropriate treatments.A companion website offers the fully searchable text; online case studies with COMLEX-style multiple-choice questions for each chapter; and 250 instructional technique videos.

About the AuthorDavid R. Essig-Beatty, DO is a professor of Osteopathic Principles and Practice at the West Virginia School of Osteopathic Medicine. Due to the lack of a good resource for OMT techniques for their students, he and his colleagues at WVSOM developed this book for use in their curriculum. In the past year, the book has sold through the school and has begun to sell at additional schools of osteopathic medicine.