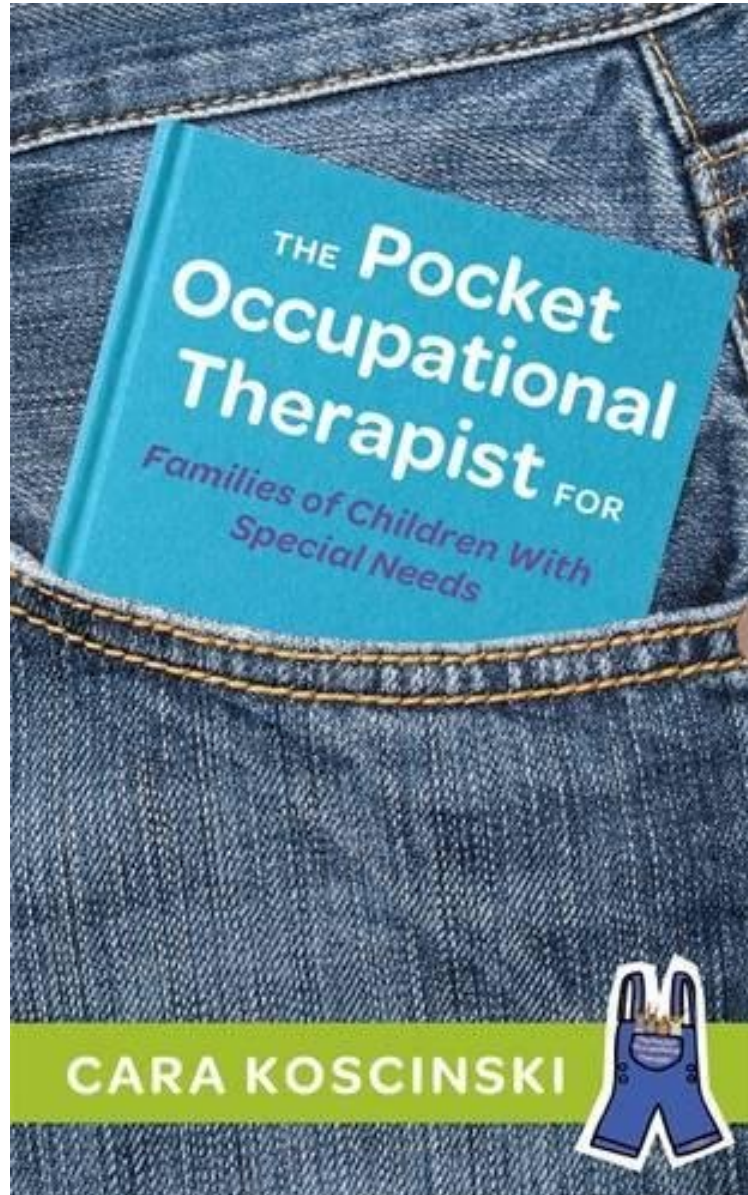


[Free pdf] The Pocket Occupational Therapist for Families of Children With Special Needs

The Pocket Occupational Therapist for Families of Children With Special Needs

Cara Koscinski

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Cara Koscinski : The Pocket Occupational Therapist for Families of Children With Special Needs before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Pocket Occupational Therapist for Families of Children With Special Needs:

0 of 0 people found the following review helpful. Wish I had this Years AgoBy genealochick79It's a good book. It's easy to read, concise, and very informative. I imagine it's very helpful for those just starting out on the journey of special needs parenting. My son is now 9. I could have used this book about five or six years ago. There were only a few things in it that I could use now, but I did lend it to a friend for the chapter on feeding therapy. Her son is also a little older, like mine, but I think having some of the information provided there - such as the way our bodies react to certain tastes - might help her with her son's food issues.I'll probably donate it to my son's school or our local Parent Resource Center so that parents of younger children, who would most benefit from it, can have access to it.0 of 0 people found the following review helpful. This book has excellent definitions of what OT is and also what we ...By JennaBeing a pediatric occupational therapy assistant I needed a resource that was helpful for identifying all the "Occupational Therapy" needs for children. This book has excellent definitions of what OT is and also what we can do to help your children. This book gave me great ideas for what to do with the kids I was treating, but It was also a good resource to tell parents to get to understand better what their child needs and why OT can help them.1 of 1 people found the following review helpful. This is a great introduction to pediatric occupational therapy and provides wonderful help ...By Lindsey Biel, OTR/L, Coauthor, Raising a Sensory Smart Child Author, Sensory Processing ChallengesThis is a great introduction to pediatric occupational therapy and provides wonderful help and support to families of kids with special needs.Lindsey Biel, OTR/L

If you are unsure about what occupational therapy (OT) is and how it can help your child, this accessible overview is for you. Answering all of the common questions about the issues an occupational therapist might address with a child with special needs, including core muscle strength, feeding, fine motor skills, sensory sensitivities, transitions and life-skills, this book also offers simple activities to practice at home that are inexpensive, fun and, most-importantly, OT-approved. This will be an illuminating and essential guide for parents and carers of children with physical and developmental disabilities or parents of children in rehabilitation from illness or injury. Professionals who want to learn more about the principles and practicalities of occupational therapy will also find it useful.

The most appealing feature of this book is its accessibility - making the topics possible to grasp for parents and carers with even limited background knowledge... Also included in the book is a handy developmental chart, outlining the stages of typical child development, which families can use as a valuable reference point... It is evident that Koscinski has used her experiences as both an occupational therapist and a devoted mother to children with special needs to write this practical guide; there is much to be recommended in this book.'British Journal of Occupational Therapy'This is a clearly written book that provides a comprehensive insight into the role of the OT, the characteristics of the pupils they come across and ways forward to help improve the inclusivity of these pupils. -- SNIP (Special Information Press) Ms Koscinski's gem of a book with 144 pages is brimming with answers to questions we all wish to ask paediatric occupational therapists. It will be as much appreciated the first time you read it as the many other times you refer to it for added guidance and reassurance... -- Special Needs Book With love and understanding, Cara Koscinski creates an easy-to-read, easy-to-understand warehouse of information on occupational therapy. 'The Pocket Occupational Therapist' offers answers to many questions parents ask about OT: 'why is my child presenting certain behaviors? What does pediatric OT look like? How do I find a qualified OT? How do I support my child's therapy at home?' Cara's 'Out of the POCKET Activities' throughout the book offer strategies parents can use to complement their child's therapy sessions. What a great idea! -- Ida Zelaya, President of Sensory Street, Inc. This pocket reference is an excellent resource to have in your toolkit if you have a child with special needs. In order to advocate for your child through a maze of services, recommendations and new lifestyle demands, it is essential to have the right information. The knowledge contained in this book is empowering and will help guide parents to quality services based on their child's needs. -- Patricia Crist, Department of Occupational Therapy, School of Health Science, Duquesne University, Pittsburgh, Pennsylvania This book truly is like having an OT right in your pocket!... I highly recommend this book to anyone who has a child with special needs, particularly those just starting the journey. -- Angie Voss, OTR * Autism Asperger's Digest * Taken from the American perspective, this useful and informative book examines the important and often overlooked role of the Occupational Therapist... Suitable for parents, carers and all professionals with an interest in the field of learning disabilities, this book provides assistance in acquiring one of the skills used: The practice of Sensory Integration... Each chapter in this book provides easy to read insights and "out of pocket activities" which can be carried out in order to improve and understand these behavioural experiences... This book contains a treasure trove full of meaningful activities and helpful facts for people with a vested interest in improving the unexplained and often misunderstood behaviour of children with special needs. Most importantly, it provides an informative and comprehensive understanding of the ways we can further understand and help children with a variety of special needs by paying attention to the impact of underdeveloped sensory systems and how to help them further develop. * Play Therapy * The most appealing feature of this book is its accessibility - making the topics possible to grasp for parents and carers with even limited background knowledge... Also included in the book is a handy developmental chart, outlining the stages of typical child development, which families can use as a valuable reference

point... It is evident that Koscinski has used her experiences as both an occupational therapist and a devoted mother to children with special needs to write this practical guide; there is much to be recommended in this book.'British Journal of Occupational Therapy'

This is a clearly written book that provides a comprehensive insight into the role of the OT, the characteristics of the pupils they come across and ways forward to help improve the inclusivity of these pupils. (SNIP (Special Information Press))

Ms Koscinski's gem of a book with 144 pages is brimming with answers to questions we all wish to ask paediatric occupational therapists. It will be as much appreciated the first time you read it as the many other times you refer to it for added guidance and reassurance... (Special Needs Book)

With love and understanding, Cara Koscinski creates an easy-to-read, easy-to-understand warehouse of information on occupational therapy. 'The Pocket Occupational Therapist' offers answers to many questions parents ask about OT: 'why is my child presenting certain behaviors? What does pediatric OT look like? How do I find a qualified OT? How do I support my child's therapy at home?' Cara's 'Out of the POCKET Activities' throughout the book offer strategies parents can use to complement their child's therapy sessions. What a great idea! (Ida Zelaya, President of Sensory Street, Inc.)

This pocket reference is an excellent resource to have in your toolkit if you have a child with special needs. In order to advocate for your child through a maze of services, recommendations and new lifestyle demands, it is essential to have the right information. The knowledge contained in this book is empowering and will help guide parents to quality services based on their child's needs. (Patricia Crist, Department of Occupational Therapy, School of Health Science, Duquesne University, Pittsburgh, Pennsylvania)

This book truly is like having an OT right in your pocket!... I highly recommend this book to anyone who has a child with special needs, particularly those just starting the journey. (Angie Voss, OTR Autism Asperger's Digest)

Taken from the American perspective, this useful and informative book examines the important and often overlooked role of the Occupational Therapist... Suitable for parents, carers and all professionals with an interest in the field of learning disabilities, this book provides assistance in acquiring one of the skills used: The practice of Sensory Integration... Each chapter in this book provides easy to read insights and "out of pocket activities" which can be carried out in order to improve and understand these behavioural experiences... This book contains a treasure trove full of meaningful activities and helpful facts for people with a vested interest in improving the unexplained and often misunderstood behaviour of children with special needs. Most importantly, it provides an informative and comprehensive understanding of the ways we can further understand and help children with a variety of special needs by paying attention to the impact of underdeveloped sensory systems and how to help them further develop. (Play Therapy)

About the Author

Cara Koscinski has been an occupational therapist for 15 years. She owns Route2Greatness, a company that provides in-home services and consultations to school districts. Her company also creates, produces, and distributes CDs for children with auditory sensitivity, and designs and distributes awareness products. Cara is also a homeschooling mother to two children with autism spectrum and sensory processing disorders and she lives in Mount Pleasant, South Carolina.