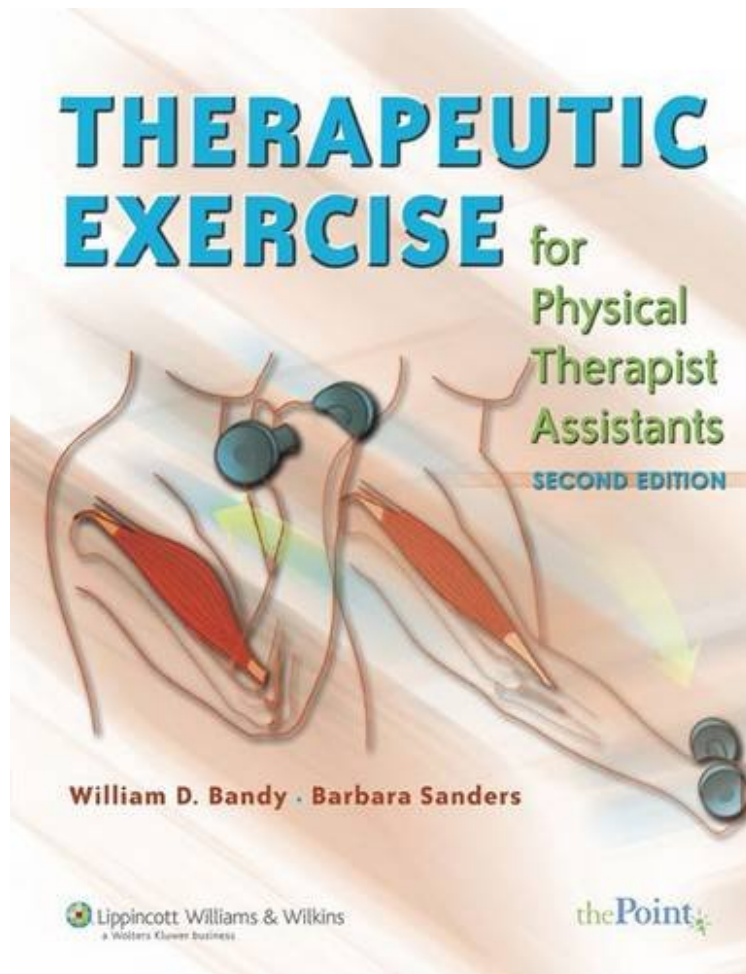


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## Therapeutic Exercise for Physical Therapist Assistants: Techniques for Intervention (Point (Lippincott Williams Wilkins))

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3 of 3 people found the following review helpful. Theraputic ExerciseBy E-ReviewThis book is a must read for all Physical Therapist and Physical Therapist Assistants. It does an exceptional job of describing the holistic and functional approach to helping the patient. Large, Clear Photo's of exercises and techniques. "Functional progression for the spine" chapter 14, details the right way to fix a multitude of spinal disorders. This chapter emphasizes and

explains the concept of "neutral spine" and the patients overall posture wonderfully! 0 of 0 people found the following review helpful. Five Stars By JOHN OBIDEGWU Excellent 1 of 1 people found the following review helpful. A must have! By naturegirl If you are interested in home exercises for physical limitations by stretching and strengthening, this is your book! Simple and thorough and worth keeping forever!

Completely updated and rewritten to meet the specific needs of physical therapist assistants, this Second Edition focuses on the implementation of treatment plans and intervention using the appropriate therapeutic exercise techniques. The book describes a wide variety of therapeutic exercises and details the purpose, position, and procedure for each technique. Case studies and pediatric and geriatric recommendations are included. This edition has three all-new chapters: the role of the physical therapist assistant in therapeutic exercise, enhancement of breathing and pulmonary function, and functional fitness training for the elderly. Other new features include a two-color design, updated illustrations, and a glossary.