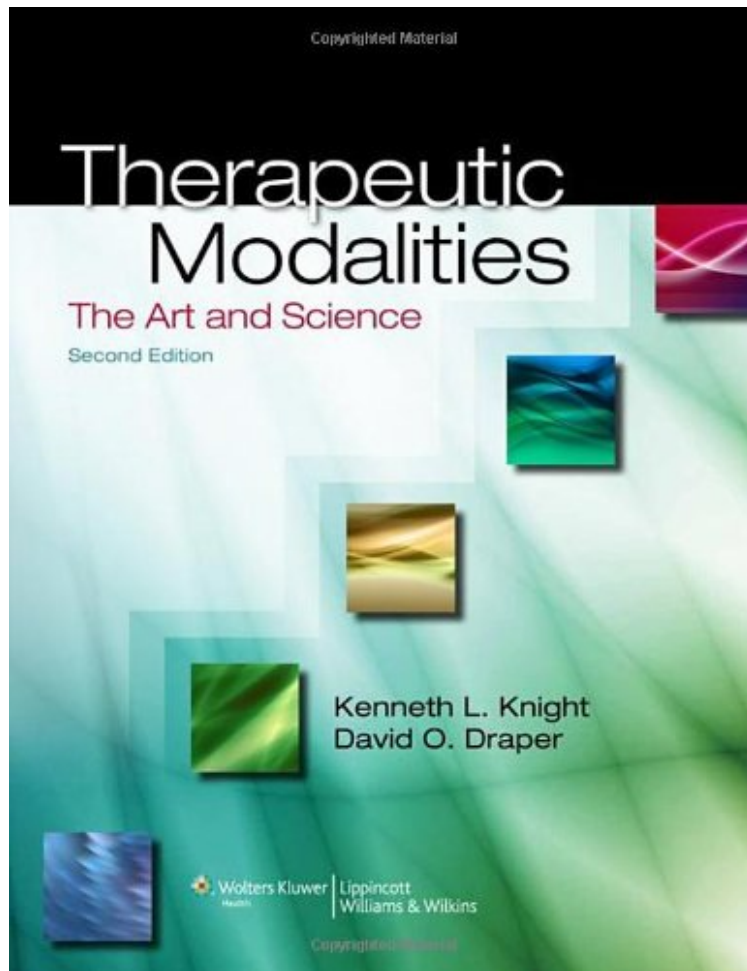


## Therapeutic Modalities: The Art and Science

*Kenneth L. Knight PhD ATC FACSM, David O. Draper EdD ATC LAT  
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Authored by two leading researchers in the athletic training field, the Second Edition of Therapeutic Modalities: The Art and Science provides the knowledge needed to evaluate and select the most appropriate modalities to treat injuries.

The authors use an informal, student-friendly writing style to hold students' interest and help them grasp difficult concepts. The unique approach of the text teaches aspiring clinicians both the how and the why of therapeutic modality use, training them to be decision-making professionals rather than simply technicians. The Second Edition is revised and expanded to include the latest research in therapeutic modalities. New material has been added on evidence-based practice, and other areas, such as pain treatment, are significantly expanded. It retains the successful format of providing the necessary background information on the modalities, followed by the authors' "5-Step Application Procedure." New photos, illustrations, and case studies have also been added.