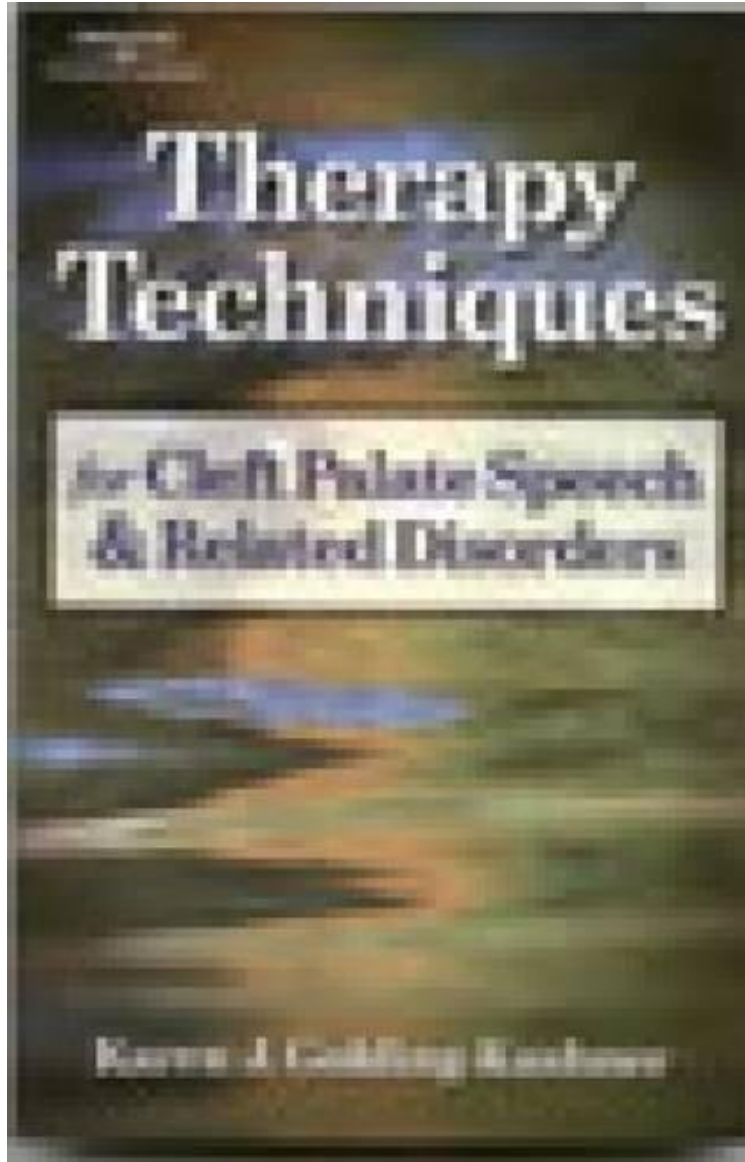


(Mobile ebook) Therapy Techniques for Cleft Palate Speech and Related Disorders

# Therapy Techniques for Cleft Palate Speech and Related Disorders

*Karen Golding Kushner*

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**Karen Golding Kushner : Therapy Techniques for Cleft Palate Speech and Related Disorders** before purchasing it in order to gage whether or not it would be worth my time, and all praised Therapy Techniques for Cleft Palate Speech and Related Disorders:

45 of 46 people found the following review helpful. MOM of a 4-month old baby with cleft of the soft palateBy Meredith ParkerI'm a Mom of a 4-month old baby with a cleft. I also have a M.S. in speech-pathology. (What are the odds?) :) I found this book to be really helpful, because while I attended one of the leading institutions for graduate

school, we only had 1 class on Craniofacial Disorders, most of which focused on diagnosis and not on how to do therapy with people with cleft. If you're a therapist reading this review, then you'll appreciate this book for the easy-to-recognize discussion of all aspects of speech, how articulation and VPI both may be affected with the presence of cleft (many folks think it's just hypernasality and nasal emission, when actually articulation can become a big factor). This is just one example. The book highlights the importance of early intervention, even when surgery to correct the cleft hasn't been done, citing the importance of learning appropriate behaviors for speech, even in the absence of "normal" anatomy. (Therapy after surgery, then, can be much more successful, and kiddos aren't learning inappropriate compensatory strategies in the meantime.) There are chapters for doing therapy with all ages, including what kinds of things you can do with an infant who is not yet speaking. That was great for my family. If you're a PARENT of a child with cleft, there may be some things that don't readily make sense (sideview diagrams of the oral cavity during production of different speech targets), but most of the book is still going to be an excellent resource. It will teach you the logic of the TYPES of speech issues that can accompany speech with cleft, how these can develop and why they might develop, what you can expect, and what you can help do about it. I am a big believer in the more you learn, the more an advocate you become for your own child. And the more a part of the therapy "team" you become. Instead of just "taking your child to see the therapist", you become the "at home therapist" who can read, understand, ask questions, and implement good at-home behaviors that can help make a few weekly hours of professional therapy stretch beyond the walls of the "office", and into the child's everyday environment. Finally, if you're a new parent of a child with a cleft, please feel free to write me. There are few parents that were easy for me to talk to when my baby was born with this issue. Feeding is difficult in the beginning and it can feel scary and foreign, and far from the breastfeeding and closeness that you were imagining, especially if food is coming out the nose like it was for us, etc. It was a really vulnerable time for me and my family and therefore, I'd like to give other new parents someone to talk to who understands what you're going through and can maybe help with some ideas. You can write me at [sternsmk@hotmail.com](mailto:sternsmk@hotmail.com) or [mparker@plato.com](mailto:mparker@plato.com) :) Meredith20 of 20 people found the following review helpful. A "Must Read" for all parents of children with cleft palate! By Anne Martel As a mother with a child who has a cleft palate, I was absolutely thrilled with this book. I have recommended it as a "must read" to all the parents of children with cleft palates that I know and to our healthcare professionals. It answered all the questions I have had, but could never find answers to, about my child's developing speech and how to manage his care. It contains easy to follow, useable techniques for improving speech production that are simple to apply and yield unbelievably fast results. Some of the topics of interest to me include: the basic mechanics of speech production, how to encourage early speech, how to recognize all the different types of cleft palate speech errors and how and when to correct them, how to make the most of Early Intervention and school district provided services, and, most importantly, specific exercises to encourage production of new sounds. The speech pathologist we work with, while excellent, does not have extensive experience in cleft palate speech. This book enabled her to design an exercise program tailored to my child's current needs and we plan to use it as a guide for each step of his speech development. After reading it I feel confident that I can actively and intelligently participate in my child's therapy. 13 of 14 people found the following review helpful. A stupendous achievement By A Customer This book is simply the definitive volume on the implementation for speech therapy in individuals with cleft palate, hypernasal speech, and genetic syndromes that result in these conditions with particular emphasis on velo-cardio-facial syndrome. This book was a collaborative effort supported by The Velo-Cardio-Facial Syndrome Educational Foundation, an organization committed to spreading state-of-the-art knowledge to both professionals and lay people. The techniques described are so cutting edge that many who would apply more traditional (and less effective) speech therapy procedures will probably feel threatened. The price of this volume is small compared the potential thousands of dollars that might otherwise be wasted on ineffective procedures. Speaking from a position of over 30 years of experience in this field, I could not be more thrilled that this volume has reached print. It is a stupendous achievement.

In addition to a solid foundation on the anatomy, physiology, and surgical management of cleft palate, students need a hands-on clinical manual that gives proven techniques for managing the speech and voice disorders that result from this congenital condition. *Therapy Techniques for Cleft Palate Speech and Related disorders* gets straight to the point by identifying compensatory articulation patterns and providing step-by-step guidelines for their prevention and elimination. Learn the foundational material and gain an understanding of clinical management of cleft palate speech.

Introduction. Speech Therapy Won't Help...and Other Myths. How Speech Is Produced...and What Goes Wrong. Getting an Early Start: Infants and Toddlers with Cleft Palate. Beyond Early Intervention: Models of Service Delivery from Preschool Through Adolescence. Techniques for the Elimination of Abnormal Compensatory Errors. After The Sound: Selection and Sequencing of Target Sounds and from Sounds to Conversation. Procedures and Materials. Evaluation and Therapy Techniques to Avoid. Velocardiofacial Syndrome and Other Special Groups. About the Author Assistant Professor in the Speech Pathology Program, Department of Special Education and Individualized Services at Kean University in Union, New Jersey, and maintains a private practice in Central New Jersey. She has

specialized in the evaluation and treatment of infants, children, and adults with cleft palate and craniofacial disorders for almost 25 years. Dr. Golding-Kushner received her B.S. in Speech Pathology and Audiology from the State University of New York at Albany, her M.A. in Speech-Language Pathology from the University of Pittsburgh, and her Ph.D. in Speech Science from the Graduate School and University Center of the City University of New York. She was affiliated with the Center for Craniofacial Disorders of Montefiore Medical Center and the Albert Einstein College of Medicine, Bronx, New York, for 17 years, serving as Clinical Director of the Center and Assistant Professor in the Department of Plastic and Reconstructive Surgery, for the last 8 of those years. She has made over 75 presentations at national and international conferences in four countries on topics related to communication disorders associated with cleft palate, assessment and treatment of velopharyngeal insufficiency, and velo-cardio-facial syndrome. She has authored or co-authored 14 journal articles, contributed three chapters on speech and cleft palate to text books, and written and produced a videotape on treatment of compensatory articulation and VPI. She was author of the first paper that described the language and learning disorders associated with velo-cardio-facial syndrome, a paper that is considered a landmark publication on VCFS.